# Queen Elizabeth High School



## **Physical Education Kit Expectations**

## Required uniform for all students

- · QE red t-shirt
- QE navy blue shorts, skort, leggings or tracksuit bottoms
- Navy blue socks
- Plastic moulded boots 3G compliant (FG)
- Trainers
- Shin pads
- Mouthguard

Use plastic-studded footwear only







Alternatively, should you be unable to source the above, plain navy shorts/tracksuit bottoms, a plain red t-shirt and plain red jumper may be worn (no sports logos permitted). Studded footwear, trainers, shin pads and mouthguards are essential.

#### Optional uniform

- QE red hooded jacket and/or QE red sweatshirt
- QE leggings and/or QE baselayer (may be worn underneath the required uniform)
- · Plain navy blue or red under layer items may be worn under the correct kit

## Health and safety requirements

- Long hair must be tied up
- All jewellery must be removed (if earrings cannot be removed they must be taped up)
- Student's nails should be cut short
- · Fake nails are not allowed

It is the students' responsibility to bring hairbands and tape with them as part of their PE kit.

Any student with long or fake nails will be told to cut or file them to an acceptable length straight away.

## Non-compliance procedure

Should a student fail to bring their PE kit, or an item of their PE kit, they will be issued with a subject detention as follows:

- 1st offence = 10 minutes
- 2nd offence = 20 minutes
- 3rd offence = Yellow card
- 4th offence = Red card and phone call home
- 5th offence = Parental meeting with Head of Faculty

## Illness or Injury protocol

If a student is injured or unwell they must have a note in their planner from a parent/carer explaining their condition. They must still bring in their PE kit and get changed (unless the injury prevents them from doing so (i.e. a broken leg/arm etc)). Their teacher will then discuss what they are able to do, sometimes this will be taking part in some of the lesson, other times this will be taking on alternative roles within the lesson, such as leaders, coaches and officials. As most of our lessons take place outside students also need to be properly dressed for the environment.

If a student has an ongoing injury then a note from a parent/carer is sufficient for a two week period. After this, a medical note will be needed as evidence of the injury. Notes must be dated and include a phone number.

If a student is injured/unwell and fails to abide by this procedure they will be treated as if they have forgotten their PE kit and still be issued with a subject detention.

All QE PE kit is available exclusively from Clubsport. Items are stocked within their Hereford store but can also be viewed/purchased through our dedicated online page for remote shopping, click-n-collect or home delivery.