

**Thrunscoe Primary and Nursery Academy,**  
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Headteacher: Mr S. P. Bate B Ed (Hons), NPQH  
Chair of Governors: Mr R. H. Sperr



14th April 2026

### ALLERGIES WITHIN THE ACADEMY

Dear Parents/Carers,

As you are aware, we have had a significant number of new pupils join the Academy during the past term from local schools. It is important therefore at this juncture to restate our policy on food types for pack ups in order to ensure the safety of our pupils at Thrunscoe.

We have several pupils within the Academy who have a life-threatening food allergy. These children have an allergy to nuts. These foods, even in trace amounts, may cause a severe reaction (anaphylaxis) that can be life threatening to them.

The following symptoms may occur: hives, difficulty breathing, vomiting and diarrhoea, swelling of the lips, mouth, and throat, itching and sneezing, loss of consciousness, and death due to shock. Even touching contaminated surfaces may cause a reaction. Academy staff have been trained to recognize such a reaction and to administer medication (epinephrine) in an emergency.

If your child has any form of nut related products e.g., peanut butter for their breakfast, we ask that you ask them to wash their hands before coming to school. **PLEASE DO NOT SEND ANY PRODUCTS CONTAINING NUTS, OR MAY CONTAIN NUTS, IN YOUR CHILD'S PACKED LUNCH OR SNACKS. CAKES THAT ARE SENT INTO CLASS WHEN IT IS A BIRTHDAY SHOULD BE CHECKED BEFORE SENDING IN.**

Your co-operation and support are greatly sought and appreciated.

Yours Sincerely,

Mr S P Bate  
Headteacher



Artsmark  
Gold Award  
Awarded by Arts  
Council England

