



## Partnership for Inclusion of Neurodiversity in Schools – PINS Project

### **FREE Training - An Introduction to Sensory Processing for Parent Carers**

**A virtual training session on Teams delivered by Sensory Processing Service, Humber Teaching NHS Foundation Trust**

**Dear Parent Carers,**

As part of the Partnerships for the Inclusion of Neurodiversity in Schools (PINS) project we are delighted to offer you the opportunity to join our **FREE** upcoming training session titled "**An Introduction to Sensory Processing**". This training session is designed specifically for parent carers and aims to provide valuable insights into sensory processing and how it impacts our daily lives.

[You will need to register to attend this session](#), details on how to book your place can be found below.

**Details:**

- **Date:** Wednesday, 26th March
- **Time:** 10:00 AM to 12:00 PM
- **Location:** Virtual session via Teams

**Agenda:**

- **Understanding Sensory Processing:**
  - What is sensory processing?
  - The importance of sensory processing in daily life.
- **Exploring Our 8 Sensory Systems:**
  - An overview of each sensory system.
  - How these systems work together.
- **Sensory Strategies and Accommodations:**
  - Practical strategies to support sensory needs.
  - Accommodations to enhance sensory experiences.
- **Q&A Session with the Occupational Therapist:**
  - An opportunity to ask questions and seek personalised advice.

This workshop will be led by an experienced Occupational Therapist, who will provide a comprehensive presentation and be available to answer any questions you may have.

***How to register:***

To attend, please email [hnyicb-nel.fmhd@nhs.net](mailto:hnyicb-nel.fmhd@nhs.net) and include:

- your name
- the name of your child/young person's educational setting
- whether you would like to subscribe to NEL's SEND Newsletter and/or NEL's Neurodiversity and Autism Update

**You will then be sent a link to join the Teams meeting to access the session**

We believe this workshop will be incredibly beneficial for you as parent carers, providing you with the knowledge and tools to better support your child's sensory needs.

Kind regards

*Nicola*

Nicola Chappel

Service Manager - *Partnerships for Inclusion of Neurodiversity in Schools (PINS) Project & Autism in Schools*

**Please note that my working days are Tuesday and Wednesday, term-time only**

NHS Humber and North Yorkshire Integrated Care Board (ICB)  
Humber and North Yorkshire Health and Care Partnership

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