Thrunscoe Primary and Nursery Academy, Trinity Road, Cleethorpes, NE Lincs, DN35 8UL. Tel: 01472 320781 Email: office@thrunscoe.academy Website: www.thrunscoeacademy.co.uk

Headteacher: Mr S. P. Bate B Ed (Hons), NPQH Chair of Governors: Mr R. H. Sperr



21st April 2023

Dear Parent / Carer,

Re: Bikeability Cycle Training for all Children in Year 5 June 2023

Your child in Year 5 will soon be taking part in the Bikeability cycle training course at the academy which will be delivered by Lincs Inspire Sports Development. Please note the following information:

Roadworthy Bikes

Parents / guardians are responsible for ensuring that their child's bike is in a roadworthy condition. For safety reasons, children whose bikes are not roadworthy will not be allowed to take part in the course.

All bikes will be safety checked prior to the course commencing and children will be taught how to safety check their own bikes. However, only minor adjustments can be made by the instructors delivering the course.

Helmets

All children **must** wear a helmet for the duration of the course. The helmet must be well fitting and undamaged. Full face helmets are not suitable as they impede hearing and vision.

The fit of a helmet differs between manufacturers. For this reason is it important that your child's helmet is checked and fits accordingly.

All helmets are to be checked at the beginning of every cycling session for correct fit and any signs of damage.

Sports Development can provide a bike/helmet if your child doesn't currently have one although numbers of these are limited so please provide your own if possible.

Please complete the slip overleaf and return it by no later than 28th April 2023.

Yours sincerely,

Mr S. Bate Headteacher

Bikeability Cycle Training for all Children in Year 5 June 2023

Name of Child	Class
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Can your child ride a bike without the aid of stabilisers?	YES	NO
Does your child have their own bike for the training?	YES	NO
Is your child's bike in a suitable roadworthy condition as set out above?	YES	NO
Does your child have their own cycle helmet?	YES	NO
Does this helmet meet the requirements as set out above?	YES	NO

Signed person with parental responsibility.....

Print name:	
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Relationship to child:	Date
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2022-2025