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Chair of Governors: Mr R. H. Sperr



18th May 2026

Summer 2 PSHE/RSE Curriculum
Changing Me

Dear Parents/Carers,

At Thrunscoe Primary and Nursery Academy we use Jigsaw, the mindful approach to PSHE, as our scheme of work to teach PSHE (Personal, Social, Health Education). After the half term break, pupils in Year 1 to 6 will be completing a unit of work called 'Changing Me'. As part of this unit, pupils in Key Stage 1 will be introduced to scientific terminology for body parts, including genitalia, partly for safeguarding reasons and partly to lay the foundations for learning about puberty later. Pupils in Key Stage 2 will learn about puberty.

To enable you to have a more detailed understanding of the content of these lessons, we are able to offer you online access to the resources we will be using. Please indicate if you would like access to these resources using the Microsoft Forms link.

As parents you have the right to withdraw your child from the non-statutory elements of our teaching. These will be the lessons on human reproduction which take place in Year 5 and 6. You are unable to withdraw your child from any lessons within Relationship or Health Education (this includes puberty and menstruation). If you do wish to withdraw your child from the human reproduction lessons, please indicate your wish to do so on the Microsoft Forms link and a form to submit a written request will be sent to you via your child in a sealed envelope.

The aforementioned Microsoft forms link will be sent out via an Arbor message today. **Please complete this by Friday 22nd May to request access to the Changing Me Jigsaw resources.** Resources and forms will be sent out during the first week after half term, prior to lessons commencing in the second week.

Kind Regards,

Ms K. Holness
Wellbeing and Personal Development Lead

