

# WEEK 1

W/C: 04/11, 25/11, 16/12, 06/01, 27/01, 17/02, 10/03, 31/03

**AUTUMN/WINTER 2024**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese & Tomato Pizza 🌾	BBQ Chicken with Rice	Roast Chicken with Roast Potatoes & Gravy	Beef Burger with Herby Diced Potatoes	Fish Fingers with Mashed Potatoes
JACKET POTATO	Veggie Cowboy Pasta 🌱	Macaroni Cheese 🌱	Quorn Sausages 🌱 with Roast Potatoes & Gravy	Veggie Burger 🌱 with Herby Diced Potatoes	Veggie Dippers 🌱 with Mashed Potatoes
DESSERT	Jacket Potatoes 🍷 🌱 with Baked Beans	Jacket Potatoes 🍷 🌱 with Grated Cheese	Jacket Potatoes 🍷 🌱 with Tuna Mayo	Jacket Potatoes 🍷 🌱 with Baked Beans	Jacket Potatoes 🍷 🌱 with Grated Cheese
All main meals are served with two vegetables					
DESSERT	Banana Marble Cake & Custard 🍏	Arctic Roll	Chocolate Cookie & Fruit Slices 🍏	Jammy Jack	Toffee & Apple Muffin 🍏

**PACKED LUNCH AVAILABLE**  
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌾 Wholegrain  
🍏 Fruity! 🍷 Nutritionist's Choice



# WEEK 2

W/C: 11/11, 02/12, 23/12, 13/01, 03/02, 24/02, 17/03

**AUTUMN/WINTER 2024**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese & Tomato Pizza 🍷	Pork Sausages with Mashed Potatoes	Roast Chicken with Roast Potatoes with Gravy	Chicken Tikka Masala with Rice	Battered Fish Fillet with Chips
JACKET POTATO	Veg Balls in Tomato Sauce with Rice	Cheese & Tomato Pasta	Quorn Sausages with Roast Potatoes & Gravy	Macaroni Cheese	Veggie Dippers with Chips
DESSERT	Jacket Potatoes with Baked Beans	Jacket Potatoes with Grated Cheese	Jacket Potatoes with Tuna & Salmon Mayo	Jacket Potatoes with Baked Beans	Jacket Potatoes with Grated Cheese
All main meals are served with two vegetables					
DESSERT	Oatie Cookie & Fruit Slices	Chocolate & Blackcurrant Sponge with Custard	Chocolate Mousse	Raspberry Slice	Flapjack

**PACKED LUNCH AVAILABLE**  
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian 
  Oily Fish 
  Wholegrain  
 Fruity! 
  Nutritionist's Choice



# WEEK 3

W/C: 18/11, 09/12, 30/12, 20/01, 10/02, 03/03, 24/03

AUTUMN/WINTER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Chicken Burger, Lettuce & Mayo with Herby Diced Potatoes	Cheese & Tomato Pizza 🌾	Roast Beef with Roast Potatoes & Gravy	Beef Bolognese Pasta	Chicken with Herby Diced Potatoes
JACKET POTATO	Veg Bolognese 🍃 with Pasta	Sweet & Sour Veg Noodles 🍃	Quorn Sausages 🍃 with Roast Potatoes & Gravy	Chickpea & Veg Masala 🍃 with Rice	Cheese & Onion Pasty 🍃 with Herby Diced Potatoes
DESSERT	Jacket Potatoes 🍷 🍃 with Grated Cheese	Jacket Potatoes 🍷 🍃 with Baked Beans	Jacket Potatoes 🍷 🍃 with Tuna Mayo	Jacket Potatoes 🍷 🍃 with Baked Beans	Jacket Potatoes 🍷 🍃 with Grated Cheese
All main meals are served with two vegetables					
DESSERT	Apple Cake & Custard 🍏	Sicilian Lemon Cookie 🍋	Crispy Crackle Bar	Vanilla Sponge & Custard	Mixed Berry Muffin 🍓

**PACKED LUNCH AVAILABLE**  
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

🍃 Vegetarian
🐟 Oily Fish
🌾 Wholegrain  
🍏 Fruity!
🍷 Nutritionist's Choice