

Thrunscoe Primary and Nursery Academy,
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24th January 2023

Friday 10th February 2023
Children's Mental Health Week: Dress to Express Day

Dear Parent/Carer,

We are pleased to announce that we will be taking part in Children's Mental Health Week. The theme for this year is Let's Connect. Pupils will be thinking about how they have grown emotionally and considering ways to support others as they grow.

To mark the end of Children's Mental Health Week, we will be holding a non-uniform day on Friday 10th February. The theme of this non-uniform day will be Dress to Express and children will be encouraged to come to school in clothes that express themselves. Pupils should wear footwear that is suitable for playing outside on the playground. We also ask that pupils consider wearing clothing that is suitable for the academy and would not cause offence to others. Pupils may wear fancy dress, sports clothes or any other non-uniform of their choosing.

We look forward to celebrating Children's Mental Health Week with the pupils of Thrunscoe.

Kind Regards,
Ms Holness
Wellbeing Lead.



2022-2025