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Headteacher: Mr S. P. Bate B Ed (Hons), NPQH
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9th January 2025

Healthy Eating/Snacks

Dear Parents and Carers,

Thrunscoe Primary & Nursery Academy aim to provide an environment that promotes the health and well-being of pupils, parents and staff by ensuring that all food provision and food messages are healthy and consistent. We hope that, with your help, we can encourage the children to develop healthy eating habits that become a normal part of everyday life.

We have noticed recently that there has been some confusion about what is accepted as a healthy snack. Parents in EYFS and KS1 may be aware that free fruit and vegetables are provided daily by school through the Government School Fruit and Vegetable Scheme, therefore an additional snack is not required for these children. Pupils in KS2 may bring in an item of fruit (no mango due to allergies) to have as a snack should they wish. All other snacks including cereal bars, fruit winders and bread sticks etc. are not permitted and are not in keeping with our Healthy Eating and Food Policy. These items will be kept by the class teacher and returned to the child at the end of the day. If your child does have a diagnosed medical condition that affects their eating, then please talk to their class teacher or the academy office.

Drinks brought in to the academy should be either water, or water based juice. Fizzy drinks, energy drinks, milkshakes etc. are also not permitted.

I would like to take this opportunity to thank you for your support in this matter and if there are any issues that you would like to discuss further, please do not hesitate to contact us.

Yours Sincerely,

Mr Bate
Headteacher



2022-2025 Gold Level Achieved