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2nd April 2025

KS1 Summer Term PSHE
Relationships Unit

Dear Parents/Carers,

Following the Easter break, all pupils will begin to learn about healthy relationships as part of the PSHE and RSE curriculum. We believe that it is important to keep you informed about these statutory aspects of the curriculum so that you are prepared for anything your child may wish to discuss with you.

In Year 1 and Year 2 our Jigsaw work will cover the following topics:

1. Understanding the relationships within a family
2. Understanding how to be a good friend
3. Understanding appropriate types of physical contact
4. Recognising and appreciating people who can help us
5. Y1 – Understanding that everyone has different strengths and qualities
Y2 – Understanding when it is appropriate to keep a secret
6. Understanding the important people in our lives and why they are special to us

If you have any further questions regarding the Jigsaw learning that will be taking place during this relationships unit, please consult with your child's class teacher.

Kind Regards,

Ms Holness
Wellbeing and Personal Development Lead.

