

**Thrunscoe Primary and Nursery Academy,**  
Trinity Road, Cleethorpes, NE Lincs, DN35 8UL.  
Tel: 01472 320781  
Email: [office@thrunscoe.academy](mailto:office@thrunscoe.academy)  
Website: [www.thrunscoeacademy.co.uk](http://www.thrunscoeacademy.co.uk)  
Headteacher: Mr S. P. Bate B Ed (Hons), NPQH  
Chair of Governors: Mr R. H. Sperr



8th May 2026

## **Academy Wellbeing Week**

Dear Parents and Carers,

We are delighted to inform you that our annual Academy Wellbeing Week will once again be taking place during the week beginning Monday 18<sup>th</sup> May. A range of activities will be centred around the five ways to wellbeing: take notice, give, learn, connect and be active. We have two special events in particular that we would like to tell you about.

### **Compass Go Parent and Carer Coffee Morning** **Thursday 21<sup>st</sup> May 9am-10am**

On Thursday 21<sup>st</sup> May, Compass Go will be hosting a parent and carer coffee morning. This will take place at the academy from 9am until 10am. If you wish to attend, please head to the academy office after you have dropped off your child(ren).

### **Wear it for Wellbeing Day** **Friday 22<sup>nd</sup> May**

On Friday 22<sup>nd</sup> May, we are inviting the children to 'Wear it for Wellbeing' and attend the academy in something that makes them feel happy. We would like to raise money for the Sunflowers Children's Action Group, a charity dedicated to creating precious memories for children with life limiting conditions. To show your support, we are asking for a £1 donation to this worthwhile cause which can be made via Arbor.

We have lots of other exciting things planned and cannot wait to share the fun with our pupils.

Kind Regards,

Miss K. Holness  
Wellbeing and Personal Development Lead

