



Autumn
week 3



main course



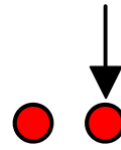
vegetarian



potato/rice/pasta



vegetables



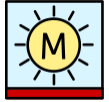
alternative



dessert



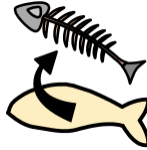
Salad bar



Meat
Monday



Roast
chicken



Quorn fillet



Roast
potatoes



Peas



Leek and
potato soup



iced buns



Ham or cheese
baguette



Takeaway
Tuesday



Beefburger



Quorn
burger



mashed
potato



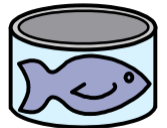
mixed veg



Tomato
soup



Jelly and
cream



Tuna wrap



Worldwide
Wednesday



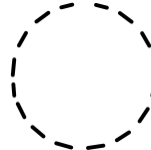
Chicken
curry



Vegetable
curry



rice



none



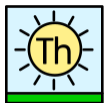
Cauliflower
and broccoli
soup



raspberry
muffin



Ham bap



Traditional
Thursday



Creamy
chicken pie



cheese and
onion slice



new
potatoes



Carrots



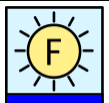
Pea and
ham soup



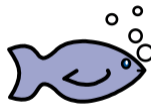
fruit yoghurt



cheese and
potato salad



Fish
Friday



Fish Portion



none



Chips



Mushy peas



vegetable
soup



Chocolate
sponge cake



cheese or
ham salad