

DESIGN TECHNOLOGY/COOKING & NUTRITION COMPOSITE KNOWLEDGE COVERAGE KEY STAGE 1

Intent: Provide and develop a creative Cooking and Nutrition curriculum which encourages active engagement in learning, equipping pupils with skills to facilitate independence within the kitchen and an understanding of good nutrition and hygiene.

		CYCLE A - 2023-2024	CYCLE B - 2024-2025	Running throughout each cycle each half term
		Theme- My family and where I live	Theme- Nursery Rhymes and Traditional Tales	DESIGN & TECHNOLOGY
		Cooking & Nutrition	Design & Technology	• Design
		National Curriculum coverage to be taught at differentiated Developmental steps.	National Curriculum coverage to be taught at differentiated Developmental steps.	 Plan Make Evaluato
Autumn	1	 Use the basic principles of a healthy and varied diet to prepare dishes that are favourable to me. 	 DESIGN: Generate, develop, model and communicate their ideas through talking, drawing templates, mock ups and, where appropriate, information and communication technology. MAKE: Select from and use a wide range of materials and components, including construction materials, textiles, ingredients, according to their characteristics. EVALUATE: Evaluate their designs and products against design criteria. 	 Evaluate Improve Technical knowledge
		Theme- Gifts and presents	Theme- Celebrations	
	2	Design TechnologyNational Curriculum coverage to be taught at differentiatedDevelopmental steps.• DESIGN: Design purposeful, functional, appealing products	Cooking & Nutrition National Curriculum coverage to be taught at differentiated Developmental steps. • Use the basic principles of a healthy and varied diet to	
		 for themselves and other users based on design criteria. MAKE: Select from and use a range of tools and equipment to perform practical tasks (for example, cutting, shaping, joining and finishing). 	prepare dishes that are eaten for different celebrations.	

		• EVALUATE: Explore and evaluate a range of existing products.	
		Theme- Weather	Theme- Food
		Design Technology	Cooking & Nutrition
	1	National Curriculum coverage to be taught at differentiated Developmental steps.	National Curriculum coverage to be taught at differentiated Developmental steps.
Spring		 DESIGN: Generate, develop, model and communicate their ideas through talking, drawing templates, mock ups and, where appropriate, information and communication technology. MAKE: Select from and use a wide range of materials and components, including construction materials, textiles, ingredients, according to their characteristics. EVALUATE: Evaluate their designs and products against design criteria. 	 Use the basic principles of a healthy and varied diet to prepare a variety dishes.
	2	Theme- Animals	Theme- Holidays
		Cooking & Nutrition	Cooking & Nutrition
		National Curriculum coverage to be taught at differentiated Developmental steps.	National Curriculum coverage to be taught at differentiated Developmental steps.
		 Understand where food comes from – dishes with different meat. 	 Understand where food comes from – food from different countries.
		Theme- Growing	Theme- People who help us
	1	Cooking & Nutrition	Design Technology
Summer		National Curriculum coverage to be taught at differentiated Developmental steps.	National Curriculum coverage to be taught at differentiated Developmental steps.
Sui		 Understand where food comes from – dishes with vegetables and grown produce. 	• TECHNICAL KNOWLEDGE: Build structures, exploring how they can be made stronger, stiffer and more stable (for example a lollipop sticks for a lollipop person).

	Theme- Moving	Theme- Sound all around us
	Design Technology National Curriculum coverage to be taught at differentiated Developmental steps.	Design Technology National Curriculum coverage to be taught at differentiated Developmental steps.
2	• TECHNICAL KNOWLEDGE : Explore and use mechanisms (for example, levers, sliders, wheels and axels), in their products.	 DESIGN: Design purposeful, functional, appealing products for themselves and other users based on design criteria. MAKE: Select from and use a range of tools and equipment to perform practical tasks (for example, cutting, shaping, joining and finishing). EVALUATE: Explore and evaluate a range of existing products.

Thematic curriculum to be delivered at 3 differentiated developmental levels to include all pupils in class group.