



Personal, Social, Health and Economic (PSHE) COMPOSITE KNOWLEDGE COVERAGE KEY STAGE 1

Intent:
We will promote, develop, equip and prepare healthy learners for life

		CYCLE A – 2025-2026	CYCLE B – 2026-2027	Running throughout each cycle	
Autumn	1	<p>Self-Awareness (<i>Me, who I am, my likes, dislikes, strengths and interests</i>) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic- Things we are good at</p>	<p>Self-Awareness (<i>Me, who I am, my likes, dislikes, strengths and interests</i>) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic- Kind and unkind behaviours</p>	<p>Self Awareness -</p> <ul style="list-style-type: none"> ● Playing and working together ● Getting on with others 	<p>Managing feelings -</p> <ul style="list-style-type: none"> ● Identifying and expressing feelings ● Managing strong feelings
	2	<p>Self-Care, support and safety (<i>Looking after myself and keeping safe; aspects of Relationships and Sex Education</i>) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic- Taking care of ourselves</p>	<p>Self-Care, support and safety (<i>Looking after myself and keeping safe; aspects of Relationships and Sex Education</i>). PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic-Keeping Safe</p>		
Spring	1	<p>Managing feelings (<i>Understanding feelings, and that how I feel and how others feel affects choices and behaviour; aspects of Relationships and Sex Education</i>) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic- Identifying and expressing feelings</p>	<p>Managing feelings (<i>Understanding feelings, and that how I feel and how others feel affects choices and behaviour; aspects of Relationships and Sex Education</i>) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic-Managing strong feelings</p>		
	2	<p>Changing and growing (<i>How I and others are changing; new opportunities and responsibilities; aspects of Relationships and Sex Education</i>) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic-Dealing with touch</p>	<p>Changing and growing (<i>How I and others are changing; new opportunities and responsibilities; aspects of Relationships and Sex Education</i>) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic-Dealing with touch</p>		

Summer	1	<p>Healthy Lifestyles (Being and keeping healthy, physically and mentally) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic- Healthy Eating</p>	<p>Healthy Lifestyles (Being and keeping healthy, physically and mentally) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic- Keeping Well</p>		
	2	<p>The world I live in (Living confidently in the wider world Jobs people do) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic-Jobs people do</p>	<p>The world I live in (Living confidently in the wider world Belonging to a community) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic-Belonging to a community</p>		