



Personal, Social, Health and Economic (PSHE) COMPOSITE KNOWLEDGE COVERAGE KEY STAGE 1

Intent:
We will promote, develop, equip and prepare healthy learners for life

	CYCLE A - 2023-2024	CYCLE B - 2024-2025	Running throughout each cycle	
Autumn	1 Self-Awareness (<i>Me, who I am, my likes, dislikes, strengths and interests</i>) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps. Topic- Things we are good at	Self-Awareness (<i>Me, who I am, my likes, dislikes, strengths and interests</i>) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps. Topic- Kind and unkind behaviours	Self Awareness - <ul style="list-style-type: none"> Playing and working together Getting on with others 	Managing feelings - <ul style="list-style-type: none"> Identifying and expressing feelings Managing strong feelings
	2 Self-Care, support and safety (<i>Looking after myself and keeping safe; aspects of Relationships and Sex Education</i>) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps. Topic- Taking care of ourselves	Self-Care, support and safety (<i>Looking after myself and keeping safe; aspects of Relationships and Sex Education</i>). PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps. Topic-Keeping Safe		
Spring 1 Managing feelings (<i>Understanding feelings, and that how I feel and how others feel affects choices and behaviour; aspects of Relationships and Sex Education</i>) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps. Topic- Identifying and expressing feelings	Managing feelings (<i>Understanding feelings, and that how I feel and how others feel affects choices and behaviour; aspects of Relationships and Sex Education</i>) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps. Topic-Managing strong feelings			

	2	<p>Changing and growing (How I and others are changing; new opportunities and responsibilities; aspects of Relationships and Sex Education) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic-Dealing with touch</p>	<p>Changing and growing (How I and others are changing; new opportunities and responsibilities; aspects of Relationships and Sex Education) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic-Dealing with touch</p>		
Summer	1	<p>Healthy Lifestyles (Being and keeping healthy, physically and mentally) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic- Healthy Eating</p>	<p>Healthy Lifestyles (Being and keeping healthy, physically and mentally) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic- Keeping Well</p>		
	2	<p>The world I live in (Living confidently in the wider world Jobs people do) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic-Jobs people do</p>	<p>The world I live in (Living confidently in the wider world Belonging to a community) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic-Belonging to a community</p>		