

PHYSICAL EDUCATION COMPOSITE KNOWLEDGE COVERAGE KEY STAGE 2

Intent: To challenge and further develop all learners' gross motor skills, regardless of their physical ability. Breaking down specific skills into small achievable steps, allowing learners continued opportunities to improve their swimming capabilities above the national requirements and to access leisure facilities within the community, all contribute to pedagogy of the learner. At Tor View we aim to follow Sports England vision 'Everyone in England regardless of age, background or ability, feels able to take part in sport or activity.'

		Cycle A (2023-2024)	Cycle B (2024-2025)	Cycle C (2025-2026)	Cycle D (2026-2027)	Running throughout each cycle
		Theme - Maps	Theme – Going Green	Theme – Europe	Theme – Water	Developing an
		Gymnastics	Gymnastics	Gymnastics	Gymnastics	understanding of how to improve in different
		National Curriculum	National Curriculum coverage	National Curriculum coverage	National Curriculum coverage	physical activities and
		coverage to be taught at	to be taught at differentiated	to be taught at differentiated	to be taught at differentiated	sports and learning
	1	differentiated Developmental steps.	Developmental steps.	Developmental steps.	Developmental steps.	how to evaluate and recognise their own
			 Develop flexibility, 	 Develop flexibility, 	 Develop flexibility, 	success.
Α		 Develop flexibility, 	strength, technique,	strength, technique,	strength, technique,	Outline with the Helling and
u		strength, technique, control and balance.	control and balance.	control and balance.	control and balance.	Swimming is delivered in Key Stage 2
t		Theme – Victorian Britain	Theme – Stone Age to Iron Age	Theme – Our Local History	Theme – Anglo Saxons	Swim competently, confidently and
u m	1	Dance	Dance	Dance	Dance	proficiently over a distance of at least 25
n		National Curriculum	National Curriculum coverage	National Curriculum coverage	National Curriculum coverage	metres Use a range of strokes
	2	coverage to be taught at differentiated Developmental	to be taught at differentiated Developmental steps.	to be taught at differentiated Developmental steps.	to be taught at differentiated Developmental steps.	effectively (for example, front crawl,
		steps.		Danfarra dan sa sa sa sa sa	Desferre describer	backstroke and
		Perform dances using a range of movement	 Perform dances using a range of movement patterns. 	 Perform dances using a range of movement patterns. 	 Perform dances using a range of movement patterns. 	breaststroke) Perform safe self-
		patterns.	Compare their performances with	Compare their performances with	Compare their performances with	rescue in different water-based situations.

		Compare their	previous ones and	previous ones and	previous ones and	
		performances with	demonstrate	demonstrate	demonstrate	Hydrotherapy is
		previous ones and	improvement to achieve	improvement to achieve	improvement to achieve	delivered to learners
		demonstrate improvement to	their personal best.	their personal best.	their personal best	who require this on an
		achieve their personal				ongoing basis.
		best.				
		Theme – Volcanoes and Earthquakes	Theme – The United Kingdom	Theme – Our World	Theme – North and South America	
			Outdoor/Adventurous Activity	Outdoor/Adventurous Activity		
		Outdoor Adventurous			Outdoor/Adventurous Activity	
		Activity / Team building	National Curriculum coverage	National Curriculum coverage	National Commissions	
		National Curriculum coverage to be taught at	to be taught at differentiated Developmental steps.	to be taught at differentiated Developmental steps.	National Curriculum coverage to be taught at differentiated Developmental steps.	
	1	differentiated Developmental	Take part in outdoor and	Take part in outdoor and	Developmental steps.	
		steps.	adventurous activity	adventurous activity	Take part in outdoor	
			challenges both	challenges both	and adventurous activity	
S		 Take part in outdoor 	individually and within a	individually and within a	challenges both	
р		and adventurous	team.	team.	individually and within a	
r		activity challenges both individually and			team.	
		within a team.				
l n		Theme – Ancient Greece	Theme – Mayan Civilisation	Theme – Vikings	Theme – Roman Empire	
n			•		(Britain)	
g		Athletics	Athletics	Athletics	Athletics	
		National Curriculum	National Curriculum coverage	National Curriculum coverage	National Curriculum coverage	
		coverage to be taught at	to be taught at differentiated	to be taught at differentiated	to be taught at differentiated	
		differentiated Developmental	Developmental steps.	Developmental steps.	Developmental steps.	
	2	steps.				
			Use running, jumping, throwing	Use running, jumping,	Use running, jumping,	
		Use running, jumping, throwing and establing	and catching in isolation and in	throwing and catching in isolation and in	throwing and catching in isolation and in	
		throwing and catching in isolation and in	combination in readiness for Sports Day.	combination in readiness	combination in	
		combination in	(Mayan focus: throwing	for Sports Day.	readiness for Sports	
			balls into hoops)	(Viking focus: running)	Day.	

		readiness for Sports Day. (Ancient Greece focus: long jump, running)			(Roman Empire focus: javelin and discus)
		Theme – Where We Live	Theme – What's the difference?	Theme – Land	Theme – Settlements
S u m m e r		Hockey	Football	Netball/Basketball	Cricket/Tennis
		National Curriculum coverage to be taught at differentiated Developmental steps.	National Curriculum coverage to be taught at differentiated Developmental steps.	National Curriculum coverage to be taught at differentiated Developmental steps.	National Curriculum coverage to be taught at differentiated Developmental steps.
	1	Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending. (Hockey teams around where we live)	Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending. (Difference in Football teams/leagues)	 Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending. (Why Netball is played on a court) 	Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending. (Cricket grounds in a variety of settlements)
		Theme – Ancient China	Theme – Ancient Egypt	Theme – The Battle of Britain	Theme – Changes in Social
		Travel – Cycling	Travel - Cycling	Travel – Cycling	History Travel – Cycling
	2	National Curriculum coverage to be taught at differentiated Developmental steps.	National Curriculum coverage to be taught at differentiated Developmental steps.	National Curriculum coverage to be taught at differentiated Developmental steps.	National Curriculum coverage to be taught at differentiated Developmental steps.
		 Individual cycling targets to be worked on the primary yard and bike track. (See cycling step sheet) 	 Individual cycling targets to be worked on the primary yard and bike track. (See cycling step sheet) 	Individual cycling targets to be worked on the primary yard and bike track. (See cycling step sheet)	Individual cycling targets to be worked on the primary yard and bike track. (See cycling step sheet)