

Long Term Mapping KS2 Physical Education

| | | Cycle 1 (2023-2024) | Cycle 2 (2020-2021) | Cycle 3 (2021 – 2022) | Cycle 4 (2022-2023) |
|--------|---|----------------------------------|------------------------|--------------------------|----------------------------------|
| Autumn | 1 | Hockey | Football | Netball | Gymnastics |
| | 2 | Gymnastic | Gymnastic | Gymnastics | Outdoor Adventure & orienteering |
| Spring | 1 | Outdoor Education & orienteering | Boccia / Kurling | Cricket | Tennis |
| | 2 | Athletics | Athletics | Athletics | Athletics |
| Summer | 1 | Dance | Dance | Dance | Dance |
| | 2 | Cycling | Cycling | Cycling | Cycling |



| KS3 MEDIUM-TERM PLANNING | | | | | | | | |
|--------------------------|--|--|--|--|--|---|---|---|
| Aspiration for Life | | Differentiated, aspirational targets dependent on pupil needs. | | Language for Life | Explicit teaching/ exposure to new and know vocabulary. | Learning for Life | Topics linked to the Gatsby Bench Mark | |
| CYCLE 1 2020-2021 | To challenge and further develop all learners gross motor skills, regardless of their physical ability. Breaking down specific skills into small achievable steps, allowing learners continued opportunities to improve their swimming capabilities above the national requirements and to access leisure facilities within the community, all contribute to pedagogy of the learner. At Tor View we aim to follow Sports England vision 'Everyone in England regardless of age, background or ability, feels able to take part in sport or activity.' | AUTUMN TERM | | SPRING TERM | | SUMMER TERM | | |
| | | Autumn 1 7 weeks | Autumn 2 7 weeks | Spring 1 6 weeks | Spring 2 6 weeks | Summer 1 5 weeks | Summer 2 7 weeks | |
| | | Netball | Gymnastics | Cricket | Athletics | Dance | Cyling | |
| | | Passing 2 weeks Shooting 2 weeks Ball control 2 weeks Game 1 1 week | -Floor work - 4 weeks -Apparatus and floor – 3 weeks | Aiming for different targets | Track - 3 weeks Field - 3 weeks (competitive against thelves and others) | Different methods of movement Mini beasts - honey bee, dragon fly and digging for worms | Individual cycling targets to be worked on the primary yard and bike track | |
| | | SUGGESTED SKILLS | | | | | | |
| | | Rolling the ball to each other Shooting to a target Throwing (passing) Catching 2v1 Time bomb | Jumping Hopping Sliding Skipping Carrying equipment Safety Sequences | Landing Rotating Rhythm Leap Balances Levels Shape Officials | Boccia - Rolling ball towards a target 1v1 and 2v2 Kurling - Pushing the disk towards a tagets 1v1 and 2v2 Being an official - whos won and why Team work / tactics | Shot put / weighted ball Javelin Sprint Hurdles Long distance Races - winning / loosing Stating commands | Let's Move BBC programme Dancing on your own, in a small group Watching others dance Using props – such as scarves | Putting on / off helmet Getting on / off a bike Pedalling Steering Braking Mannering Speed / confidence (see cycling step sheet) |
| | | VOCABULARY | | | | | | |
| | | Score Pass Look Shoot Intercept Run Net Ball Attacking / defending | Body Tension Still Balance Rhythm Land / dismount Pirouettes / spin Linking Travel Aesthetically pleasing Apparatus / equipment | Boccia - Rolling ball towards a target 1v1 and 2v2 Kurling - Pushing the disk towards a tagets 1v1 and 2v2 Being an official - whos won and why Team work / tactics | Shot put / weighted ball Javelin Sprint Hurdles Long distance Races - winning / loosing Stating commands | Let's Move BBC programme Dancing on your own, in a small group Watching others dance Using props – such as scarves | Putting on / off helmet Getting on / off a bike Pedalling Steering Braking Mannering Speed / confidence (see cycling step sheet) | |
| | | IMPLEMENTATION | | | | | | |
| | Week 1: Ball control skills Week 2: Dribble straight Week 3 Dribble in/out Week 4: turning Week 5:passing/intercepting Week 6: shooing Week 7: Assessment | Week 1: Pencil/dish roll Week 2: Forward/ teddy Week 3 Start/finish Week 4: Sequence Week 5: Balances Week 6: Full sequence Week 7: Assessment | Week 1: boccia 1v1 Week 2: Boccia 2v2 Week 3 Kurking 1v1 Week 4 Boccia 2v2 Week 5: being official Week 6:Assessment | Week 1: what is a race (commands/start/finish line) Week 2: races / commands Week 3 : Javelin Week 4: weighted ball Week 5: positions& winning/loosing Week 6: Assessment | Week 1: honey bee Week 2: honey bee Week 3 : dragonfly Week 4: dragon fly Week 5: digging for worms | Pupil to work in their own individual targets Week 7: Assessment | | |
| INTENT | | | | | | | | |



TOR VIEW

A SPECIALIST LEARNING COMMUNITY