

Long Term Mapping KS3 Physical Education

		Cycle 1 (2021-2022)	Cycle 2 (2022-2023)	Cycle 3 (2020 – 2021)
Autumn	1	Basketball	Gymnastics	Hockey
	2	Gymnastics	Rugby	Gymnastics
Spring	1	Cricket	Tennis	Outdoor Education
	2	Athletics	Athletics	Athletics
Summer	1	Outdoor Education	Volleyball	Football
	2	Rounders	Outdoor Education	Softball



KS3 MEDIUM-TERM PLANNING

Aspiration for Life

Differentiated, aspirational targets dependent on pupil needs.

Language for Life

Explicit teaching/ exposure to new and know vocabulary.

Learning for Life

Topics linked to the Gatsby Bench Mark

To challenge and further develop all learners gross motor skills, regardless of their physical ability. Breaking down specific skills into small achievable steps, allowing learners continued opportunities to improve their swimming capabilities above the national requirements and to access leisure facilities within the community, all contribute to pedagogy of the learner. At Tor View we aim to follow Sports England vision 'Everyone in England regardless of age, background or ability, feels able to take part in sport or activity.'

INTENT

AUTUMN TERM		SPRING TERM		SUMMER TERM	
Autumn 1 7 weeks	Autumn 2 7 weeks	Spring 1 6 weeks	Spring 2 6 weeks	Summer 1 5 weeks	Summer 2 7 weeks
Hockey	Gymnastics	Outdoor education	Athletics	Football	Soft ball
Passing / stopping – 1 week Dribbling / control – 2 weeks Attacking/defending-2weeks Games/ rules - 1week	Floor work - 4 Weeks Apparatus & floor – 3 Week	Navigation inside& yard Navigation bike track / sensory garden	Track - 3 weeks Field - 3 weeks	Ball control skills Partner games Small game Game/ rules	Batting skills Fielding skills Rules
SUGGESTED SKILLS					
Different passes Passing backwards Scoring Defending / intercepting Attacking Basic rules Being an official	Jumping Hopping Sliding Skipping Carrying equipment Safety Sequences Landing Rotating Rhythm Leap Balances Levels Shape Officials	Reading simple maps Making a map Finding places Understanding what the symbols mean Simple directions Team work	Hand/eye coordination games with hand and ball, then with a racket Use of a balloon Different sized balls Different shots Simple games	Kicking towards a target Kicking against a wall (continuous) Dribble in a line Dribble round cones Shooting Simple games / rules	Underarm throw Overarm throw Catching Batting practice differentiated bats/rackets Working as a team
VOCABULARY					
Try / Score Intercept Dodge Run Throw / pass Forwards. Backwards Line out / Out of play Tag	Body Tension Still Balance Rhythm Land / dismount Pirouettes / spin Linking Travel Aesthetically pleasing Apparatus / equipment	Orientation Turn Location Direction Navigation / find Maps Compass Safety Symbols	Take off, starting line Shot put / ball Javelin / stick Discus / hoop Sprint / run Hurdles / step Commands / go Analyse	Kick Pass Dribble Shoot Ball Net Referee Penalty Foul Position	Hit Strike Throw Catch Run Batting / fielding Stump Positions
IMPLEMENTATION					
Week 1: Passing in pairs Week 2: Passing in a team Week 3: Intercepting Week 4: Dodging Week 5: Rules/Tag game Week 6: Official/Tag game	Week 1: Pencil/dish roll Week 2: Forward/ teddy Week 3: Start/finish Week 4: Sequence Week 5: Balances Week 6: Full sequence Week 7: Assessment	Week 1: map reading hall Week 2: map making yard Week 3: direction yard Week 4: map reading field Week 5: map making garden Week 6: map reading comp Week 7: Assessment	Week 1: Long / triple jump Week 2: Sprinting / Hurdles Week 3: Javelin Week 4: Shot out / discus Week 5: Long distance/relay Week 6: Assessment	Week 1: Dribbling Week 2: Dribbling Week 3: Passing Week 4: Shooting Week 5: 2v1 games Week 6: Games / Official	Week 1: Throwing / catching Week 2: Over / underarm Week 3: Batting Week 4: Fielding Week 5: Games Week 6: Assessment



TOR VIEW

A SPECIALIST LEARNING COMMUNITY