

Long Term Mapping Key Stage 3



| | | Cycle 1 | Cycle 2 | Cycle 3 |
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| | | (2021-2022) | (2022-2023) | (2023 – 2024) |
| Autumn | 1 | Maintaining physical, mental and emotional health and wellbeing Making informed choices about Health and Wellbeing Understanding the role and influence of the media on lifestyle | Making informed choices about health and wellbeing Maintaining physical, mental and emotional health and wellbeing | British values: Rights and responsibilities as part of diverse communities |
| | 2 | To develop team working skills | To develop flexibility and resilience | Identifying and accessing help advice and support |
| Spring | 1 | Developing Healthy Relationships Maintaining Heathy Relationships | Feelings about Sex The law and consent | Sexually Transmitted Infections |
| | 2 | British values and equalities: Rights and responsibilities as part of diverse communities | British values: Developing rights and responsibilities as active citizens | Making informed choices about health and wellbeing |
| Summer | 1 | Recognising and Managing emotions within a range of relationships Managing loss | Contraception | Pregnancy and Parenthood |
| | 2 | Assessing and managing risks to health and to stay and keep others safe | British values and equalities: Rights and responsibilities as part of diverse communities | Making informed choices about health and wellbeing |