



Personal, Social, Health and Economic (PSHE) COMPOSITE KNOWLEDGE COVERAGE KEY STAGE 4

Intent:
We will promote, develop, equip and prepare healthy learners for life

		CYCLE A - 2023-2024	CYCLE B - 2024-2025	Running throughout each cycle
Autumn	1	<p>Managing Feelings (Understanding feelings, and that how I feel and how others feel affects choices and behaviour; aspects of Relationships and Sex Education) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: <i>Strong feelings</i></p> <p>Changing and Growing (How I and others are changing; new opportunities and responsibilities; aspects of Relationships and Sex Education) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: <i>Puberty</i> (RSE FOCUS)</p>	<p>Managing Feelings (Understanding feelings, and that how I feel and how others feel affects choices and behaviour; aspects of Relationships and Sex Education) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: <i>Strong feelings</i></p> <p>Changing and Growing (How I and others are changing; new opportunities and responsibilities; aspects of Relationships and Sex Education) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: <i>Puberty</i> (RSE FOCUS)</p>	<p>PSHE Association (SEND Framework) coverage in KS4 is 2 x lessons a week with a focus on RSE in 1 of the lessons if indicated on the mapping (RSE FOCUS).</p> <p>Opportunities are presented for pupils (where appropriate/possible) to:</p> <ul style="list-style-type: none"> • Experience taking and sharing responsibility. • Feel positive about themselves and others. • Reflect on their perceptions and experiences. • Develop the understanding, language, communication skills and strategies required to exercise personal autonomy wherever possible. • Carry out or take part in daily personal living routines. • Make real decisions (with support where necessary so that they can act upon them). • Take part in group activities and make contributions. • Develop and maintain positive relationships and interactions with others. • Recognise and celebrate their achievements and successes.
	2	<p>Self-Awareness (Me, who I am, my likes, dislikes, strengths and interests) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: <i>Prejudice and discrimination</i></p> <p>Healthy Lifestyles (Being and keeping healthy, physically and mentally) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: <i>Body image</i> (RSE FOCUS)</p>	<p>Self-Awareness (Me, who I am, my likes, dislikes, strengths and interests) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: <i>Managing pressure</i></p> <p>The World I Live In (Living confidently in the wider world) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: <i>Managing finances</i> (RSE FOCUS)</p>	

Spring	1	<p>Healthy Lifestyles (Being and keeping healthy, physically and mentally) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: <i>Drugs, alcohol (RSE FOCUS) & tobacco</i></p>	<p>Changing and Growing (How I and others are changing; new opportunities and responsibilities; aspects of Relationships and Sex Education) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: <i>Healthy and unhealthy relationship behaviour (RSE FOCUS)</i></p>
	2	<p>Changing and Growing (How I and others are changing; new opportunities and responsibilities; aspects of Relationships and Sex Education) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: <i>Long-term relationships/parenthood (RSE FOCUS)</i></p>	<p>Changing and Growing (How I and others are changing; new opportunities and responsibilities; aspects of Relationships and Sex Education) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: <i>Long-term relationships/parenthood (RSE FOCUS)</i></p>
Summer	1	<p>Managing Feelings (Understanding feelings, and that how I feel and how others feel affects choices and behaviour; aspects of Relationships and Sex Education) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: <i>Expectations of relationships/abuse</i></p> <p>Managing Feelings (Understanding feelings, and that how I feel and how others feel affects choices and behaviour; aspects of Relationships and Sex Education) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: <i>Romantic feelings and sexual (RSE FOCUS)</i></p>	<p>Self-Care, Support and Safety (Looking after myself and keeping safe; aspects of Relationships and Sex Education.) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: <i>Accidents and risk (RSE FOCUS)</i></p> <p>Self-Care, Support and Safety (Looking after myself and keeping safe; aspects of Relationships and Sex Education.) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: <i>Emergency situations</i></p>
	2	<p>PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: <i>Medicinal drugs (RSE FOCUS)</i></p> <p>Self-Care, Support and Safety (Looking after myself and keeping safe; aspects of Relationships and Sex Education.)</p>	<p>The World I Live In (Living confidently in the wider world) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: <i>Preparing for adulthood (RSE FOCUS)</i></p>

	<p><i>PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</i></p> <p>Topic: Gambling</p>	<p>The World I Live In (Living confidently in the wider world)</p> <p><i>PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</i></p> <p>Topic: <i>Managing online information</i></p>	
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