



PHYSICAL EDUCATION COMPOSITE KNOWLEDGE COVERAGE KEY STAGE 4

Intent: To challenge and further develop all learners' gross motor skills, regardless of their physical ability. Breaking down specific skills into small achievable steps, allowing learners continued opportunities to improve their swimming capabilities above the national requirements and to access leisure facilities within the community, all contribute to pedagogy of the learner. At Tor View we aim to follow Sports England vision 'Everyone in England regardless of age, background or ability, feels able to take part in sport or activity.'

		Repeated Yearly Mapping	Running throughout each cycle each half term
Autumn	1	<p>Cycling</p> <p><i>National Curriculum coverage to be taught at differentiated Developmental steps.</i></p> <p><i>Take part in further outdoor and adventurous activities in a range of environments which present intellectual and physical challenges</i></p>	<p>Competitive</p> <p><i>Where possible, pupils will be encouraged to join sports clubs. School attends Rossendale School Sports competitions within the partnership. School will represent the Rossendale at Lancashire Youth Games when possible.</i></p> <p><i>Continue to take part regularly in competitive sports and activities outside school through community links or sports clubs.</i></p>
	2	<p>Fitness class e.g. kicking boxing</p> <p><i>National Curriculum coverage to be taught at differentiated Developmental steps.</i></p> <p><i>Evaluate their performances compared to previous ones and demonstrate improvement across a range of physical activities to achieve their personal best</i></p>	
Spring	1	<p>Rugby - Rugby Sale Sharks Coach</p> <p><i>National Curriculum coverage to be taught at differentiated Developmental steps.</i></p> <ul style="list-style-type: none"> • <i>Use and develop a variety of tactics and strategies to overcome opponents in team and individual games</i> 	

	2	<p>Community Gym - using equipment</p> <p><i>National Curriculum coverage to be taught at differentiated Developmental steps.</i></p> <ul style="list-style-type: none"> • <i>Take part in further outdoor and adventurous activities in a range of environments which present intellectual and physical challenges, and which encourage pupils to work in a team, building on trust and developing skills to solve problems, either individually or as a group</i> 	
Summer	1	<p>Marl Pits - Athletics</p> <p><i>National Curriculum coverage to be taught at differentiated Developmental steps.</i></p> <ul style="list-style-type: none"> • <i>Develop their technique and improve their performance in other competitive sports</i> 	
	2	<p>Golf / Cricket</p> <p><i>National Curriculum coverage to be taught at differentiated Developmental steps.</i></p> <ul style="list-style-type: none"> • <i>Develop their technique and improve their performance in other competitive sports</i> 	