



## PSHE COMPOSITE KNOWLEDGE COVERAGE KEY STAGE 5 (Further Education)

**Intent:**

For students to develop an appropriate understanding of what it means to live a healthy life. Students will continue to build on the foundations of PSHE they gained in lower Key Stages, rehearsing and embedding the practical skills and understanding they need to lead a fulfilling life. To explore and reflect upon issues that affect them and develop strategies and skills to manage real-life situations.

		Cycle A (2023-2024)	Cycle B (2024-2025)	Cycle C (2025-2026)	Running throughout each cycle	
<b>Autumn</b>	<b>1</b>	Health and Well Being consolidating learning from healthy lifestyles topics being and keeping healthy, physically and mentally. <b>PSHE Association (KS5 Framework) coverage to be taught at differentiated Developmental steps.</b>  Topic- Mental health and emotional wellbeing	Health and Well Being consolidating learning from healthy lifestyles topics being and keeping healthy, physically and mentally. <b>PSHE Association (KS5 Framework) coverage to be taught at differentiated Developmental steps.</b>  Topic- Independence	Relationships consolidating learning from Self-care, Support and Safety -Looking after myself and keeping safe; aspects of Relationships and Sex Education. <b>PSHE Association (KS5 Framework) coverage to be taught at differentiated Developmental steps.</b>  Topic- Diversity and Inclusion	<b>Health and Wellbeing-</b> Healthy coping strategies <b>Diversity and Inclusion-</b> Living in a diverse society	<b>Respectful Relationships-</b> Positive relationships <b>Healthy Choices and Safety-</b> Independence and keeping Safe
	<b>2</b>	Living in the Wider World consolidating learning from the World I Live In living confidently in the wider world. <b>PSHE Association (KS5 Framework) coverage to be taught at differentiated Developmental steps.</b>  Topic- Readiness for Work.	Living in the Wider World consolidating learning from the World I Live In living confidently in the wider world. <b>PSHE Association (KS5 Framework) coverage to be taught at differentiated Developmental steps.</b>  Topic- Next Steps	Relationships consolidating learning from Self-care, Support and Safety -Looking after myself and keeping safe; aspects of Relationships and Sex Education. <b>PSHE Association (KS5 Framework) coverage to be taught at differentiated Developmental steps.</b>  Topic-Building and Maintaining relationships		

Spring	1	Relationships consolidating learning from Self-care, Support and Safety -Looking after myself and keeping safe; aspects of Relationships and Sex Education. <b>PSHE Association (KS5 Framework) coverage to be taught at differentiated Developmental steps.</b>	Relationships consolidating learning from Self-care, Support and Safety -Looking after myself and keeping safe; aspects of Relationships and Sex Education. <b>PSHE Association (KS5 Framework) coverage to be taught at differentiated Developmental steps.</b>	Health and Well Being consolidating learning from healthy lifestyles topics being and keeping healthy, physically and mentally. <b>PSHE Association (KS5 Framework) coverage to be taught at differentiated Developmental steps.</b>		
		Topic- Diversity and Inclusion	Topic- Intimate Relationships	Topic- Health choices and safety		
	2	Living in the Wider World consolidating learning from the World I Live In living confidently in the wider world. <b>PSHE Association (KS5 Framework) coverage to be taught at differentiated Developmental steps.</b>	Living in the Wider World consolidating learning from the World I Live In living confidently in the wider world. <b>PSHE Association (KS5 Framework) coverage to be taught at differentiated Developmental steps.</b>	Relationships consolidating learning from Self-care, Support and Safety -Looking after myself and keeping safe; aspects of Relationships and Sex Education. <b>PSHE Association (KS5 Framework) coverage to be taught at differentiated Developmental steps.</b>		
		Topic- Planning for the future.	Topic- Financial Choices	Topic- Intimate Relationships		
Summer	1	Relationships consolidating learning from Self-care, Support and Safety -Looking after myself and keeping safe; aspects of Relationships and Sex Education. <b>PSHE Association (KS5 Framework) coverage to be</b>	Relationships consolidating learning from Self-care, Support and Safety -Looking after myself and keeping safe; aspects of Relationships and Sex Education.	Health and Well Being consolidating learning from healthy lifestyles topics being and keeping healthy, physically and mentally. <b>PSHE Association (KS5 Framework) coverage to be</b>		

	<p><i>taught at differentiated Developmental steps.</i></p> <p>Topic-Respectful Relationships</p>	<p><i>PSHE Association (KS5 Framework) coverage to be taught at differentiated Developmental steps.</i></p> <p>Topic-Building and Maintaining relationships</p>	<p><i>taught at differentiated Developmental steps.</i></p> <p>Topic- Mental health and emotional wellbeing</p>		
	<p>2</p> <p>Health and Well Being consolidating learning from healthy lifestyles topics being and keeping healthy, physically and mentally. <i>PSHE Association (KS5 Framework) coverage to be taught at differentiated Developmental steps.</i></p> <p>Topic- Health choices and safety</p>	<p>Health and Well Being consolidating learning from healthy lifestyles topics being and keeping healthy, physically and mentally. <i>PSHE Association (KS5 Framework) coverage to be taught at differentiated Developmental steps.</i></p> <p>Topic- Mental health and emotional wellbeing</p>	<p>Health and Well Being consolidating learning from healthy lifestyles topics being and keeping healthy, physically and mentally. <i>PSHE Association (KS5 Framework) coverage to be taught at differentiated Developmental steps.</i></p> <p>Topic- Independence</p>		