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**Long Term Mapping**

PSHCE Key Stage 5 Long Term Mapping

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|  | | **Cycle 1** | **Cycle 2** | **Cycle 3** |
| **(2022-23)** | **(2023-24)** | **(2021-2022)** |
| **Autumn** | **1** | **Self -Respect** | **Rules and Responsibilities**  **Out and About** | **Respecting Equality** |
| **2** | **Understanding my bodily needs** (R.S.E) | **Understanding my bodily needs** (R.S.E) | **Sexual Health** (R.S.E) |
| **Spring** | **1** | **Alcohol/Drugs and Tobacco** | **British Values** | **Mental Health** |
| **2** | **Teenage Pregnancy** (R.S.E)  **Sexual Health** | **Teenage Pregnancy**- (R.S.E)  **Pregnancy and Birth** | **Pregnancy and Birth** (R.S.E) |
| **Summer** | **1** | **Self -Respect** | **Mental Health** | **Keeping Safe** |
| **2** | **Relationships/Marriage and Divorce**-(R.S.E) | **Safe-Guarding** (R.S.E) | **Sexuality and enjoyment** (R.S.E) |

**Medium Term Mapping**

**Careers and Enterprise KS5**

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| **CYCLE 1** | . |  | |  | |  | |
| **Autumn 1**  7 weeks | **Autumn 2**  7 weeks | **Spring 1**  6 weeks | **Spring 2**  6 weeks | **Summer 1**  5 weeks | **Summer 2**  7 weeks |
| **Self -Respect** | **Understanding my bodily needs** (R.S.E) | **Alcohol/Drugs and Tobacco** | **Teenage Pregnancy**-(R.S.E)  **Sexual Health** | **Self –Respect**  **Widening Horizons** | **Relationships/Marriage and Divorce**-(R.S.E) |
| Personal Hygiene-Routines and self –care  Dressing appropriately for different occasions, pride in appearance/laundry | Consent/Contraception/Body parts/How a baby is produced/Sexual Intercourse | Consequences  Immediate and long term health  Safety- Medical/Legal and Work  Driver/passenger safety relating to alcohol and drugs/Addiction | Dilemmas of teenage pregnancy including menstrual cycle  Parenting Skills/Consequences of unwanted pregnancy  Sexual Health- S.T.I’s | Private and Public Behaviour  Widening Horizons-Managing risks in relation to drugs and medicines | Relationships and commitment including emotions  Factors of good and bad relationships  Domestic Abuse  Fostering and adoption  Marriage including forced marriage |
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| **SUGGESTED IDEAS** | | | | | |
| Able- Students to access through a variety of online resources and through discussion.  Access-Students to access this through work on potential PSD targets and to explore through sensory resources /stories at a level that is considered appropriate. | Able- Students to access through discussion with a trained member of staff. Students to be aware of confidentiality and to discuss appropriately with staff.  Access- Students to explore through sensory resources /stories at a level that is considered appropriate to them. | Able- Students to access through a variety of online resources and through discussion.  Access- Students to explore through sensory resources /stories at a level that is considered appropriate to them. | **Able**-Students to access through discussion with a trained member of staff. Students to be aware of confidentiality and to discuss appropriately with staff.  **Access**- Students to explore through sensory resources /stories at a level that is considered appropriate to them. | Able- Students to access through a variety of online resources and through discussion.  Access- Students to explore through sensory resources /stories at a level that is considered appropriate to them. | Able- Students to access through a variety of online resources and through discussion.  Access- Students to explore through sensory resources /stories at a level that is considered appropriate to them. |
| **SUBJECT SPECIFIC DEVELOPMENT OF SKILLS**  **Students will explore the topics at a level that is appropriate to them. S.R.E. topics should be relevant to the cohort of learners and at a level that is accessible. For more sensitive topics it may be necessary to adapt the theme to make it more appropriate.** | | | | | |
| ***(Linked to LSP SS2I)*** | | | | | |
| **Week 1-2: Personal Hygiene and routines**  **Week 3-4: Dressing/Occasions**  **Week 5-6: Pride/Appearance/laundry**  **Week 7: Assessment** | **Week 1-2: Body parts/how a baby is made**  **Week 3-4: Consent/Contraception/**  **Intercourse**  **Week 5-6: Consent/Contraception/**  **Intercourse**  **7:Assessment** | **Week 1-2 Alcohol, Drugs/tobacco-the facts**  **Week 3-4 Consequences/long term health**  **Week 5 –Safety-medical/legal/work/driver safety/addiction**  **Week 6: Assessment** | **Week 1-2: Menstrual Cycle**  **Week 3-4: Decisions and dilemmas**  **Week 5-6: Parenting skills/consequences/STI’s**  **Assessment** | **Week 1-2: Self respect-Private and public behaviour**  **Week 3-4: Widening Horizons-Managing risks –drugs and medicines**  **Week 5: Assessment** | **Week 1-2: Relationships and emotions**  **Week 3-4: Good and bad relationships**  **Week 5-6: Fostering and adoption**  **Week 7: Assessment** |

**Medium Term Mapping**

**PCHSE KS5**

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| **CYCLE 2** |  | **Factory** | | **Retail** | | **Public Services** | |
| **Autumn 1**  7 weeks | **Autumn 2**  7 weeks | **Spring 1**  6 weeks | **Spring 2**  6 weeks | **Summer 1**  5 weeks | **Summer 2**  7 weeks |
| **Rules and Responsibilities**  **Out and About** | **Understanding my bodily needs** (R.S.E) | **British Values** | **Teenage Pregnancy**-((R.S.E)  **Pregnancy and Birth** | **Mental Health** | **Safe-Guarding**- (R.S.E) |
| Setting Goals/Helping others/Looking after own belongings  Out and About-Looking after our environment  Making our environment better  Active citizens in the local and national economy | Violations of the body  Bodies will continue to change/ Stages in puberty/Menopause  FGM (Female Genital Mutilation)  Sexual Health Recap- S.T.I’s | Democracy/Rule of Law/Individual liberty/Mutual respect and tolerance for different faiths and beliefs and those with no faith | Teenage Pregnancy- Moral and religious attitudes to Sex  Pregnancy and Birth- The roles of others and the father during pregnancy including a recap on body parts and how a baby is produced. Recap of contraception | Causes/Symptoms and treatments of mental and emotional health disorders (stress/anxiety/depression)  Strategies for managing mental health including stress/anxiety/depression/ self –harm and suicide  Services for health and support/How to deal with it if it happens to us/Making effective use of constructive feedback/Differentiating between helpful feedback and unhelpful feedback/Where to obtain Health information/Advice and Support | Stranger danger/Appropriate behaviour between different people  Grooming  Be aware that sometimes drugs go wrong  Manipulation and persuasion  Harassment and stalking |
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| **SUBJECT SPECIFIC DEVELOPMENT OF SKILLS** | | | | | |  |
| ***(Linked to LSP SS2I)*** | | | | | |
| **Week 1-2: Setting goals/helping others/looking after own belongings**  **Week 3-4: Out and about-looking after environment**  **Week 5-6: Active citizens-how to make things better?**  **Week 7: Assessment** | **Week 1-2: Stages in puberty/menopause**  **Week 3-4: Violations of the body/ FGM**  **Week 5-6: Sexual health recap**  **Week 7:Assessment** | **Week 1-2 Rule and Law**  **Week 3-4 Respect and tolerance**  **Week 5 Respecting different Faiths**  **Week 6: Assessment** | **Week 1-2:Attitudes to sex**  **Week 3-4: Pregnancy and birth**  **Week 5-6: Assessment** | **Week 1-2: Feelings and emotions/Anxiety and stress/self- harm/suicide**  **Week 3-4: Managing mental health and signposting**  **Week 5: Assessment** | **Week 1-2: Stranger danger**  **Week 3-4: Grooming**  **Week 5-6: Manipulation/persuasion**  **Week 7: Assessment** |

**Medium Term Mapping**

**PCHSE KS5**

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| **CYCLE 3** |  | **Factory** | | **Retail** | | **Public Services** | |
| **Autumn 1**  7 weeks | **Autumn 2**  7 weeks | **Spring 1**  6 weeks | **Spring 2**  6 weeks | **Summer 1**  5 weeks | **Summer 2**  7 weeks |
| **Respecting Equality** | **Sexual Health**- (R.S.E)  **Relationships and Divorce** | **Mental Health** | **Pregnancy and Birth** (R.S.E) | **Keeping Safe** | **Sexuality and enjoyment** (R.S.E) |
| Appropriate behaviour between different people/What I am good at- personal target/Disability awareness/homelessness/Bullying/Racism/Racial equality/Gender differences and similarities/Religious and social similarities /Cultures and respecting different faiths | H.I.V/AIDS including a recap on S.T.I’s  Fertility and how this can be effected by S.T.I’s and age  Breakdown of relationship and divorce including recap on relationships and emotions | Evaluating self -confidence and self- esteem and how these are effected by the judgment of others/Media and self- image/ Characteristics of emotional and mental health/Dealing with emotional health/Dealing with mental health/Support available and where this can be found/Looking out for the health of family and friends | Keeping healthy during pregnancy  Different ways of giving birth  Options of ways to conceive | Health and Safety at college/home and work/Healthy eating/Healthy bodies/first aid/current affairs/ Accessing the emergency services | Feeling emotions  Sexuality and attraction  Sexual Media  The Law and Sex  Drugs, sex and alcohol |
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| **SUBJECT SPECIFIC DEVELOPMENT OF SKILLS** | | | | | |  |
| ***(Linked to LSP SS2I)*** | | | | | |
| **Week 1-2: Respect and equality –appropriate behaviour**  **Week 3-4: disability awareness/homelessness/racism**  **Week 5-6: Respecting religion/different faiths**  **Week 7: Assessment** | **Week 1-2: Relationships and emotions**  **Week 3-4: Sexual health**  **Week 5-6: Sexual health**  **Week 7:Assessment** | **Week 1-2 Self -confidence/self esteem**  **Week 3-4 Characteristics of good and bad self esteem**  **Week 5 -The impact of social media on self- confidence and esteem**  **Week 6: Assessment** | **Week 1-2: Keeping healthy in pregnancy**  **Week 3-4: Keeping healthy in pregnancy**  **Week 5-6: Different ways of giving birth**  **Assessment** | **Week 1-2: Healthy eating/Healthy bodies**  **Week 3-4: Health and safety at college/home/First aid/Accessing emergency services**  **Week 5: Assessment** | **Week 1-2: Emotions and attraction**  **Week 3-4: The Law and Sex**  **Week 5-6: Sex Drugs and alcohol/Sexual media**  **Week 7: Assessment** |