

Personal, Social, Health and Economic (PSHE) COMPOSITE KNOWLEDGE COVERAGE KEY STAGE 4



Intent:

We will promote, develop, equip and prepare healthy learners for life

		Cycle A 2027/28	Cycle B 2026/27	
		PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps. Suggested level: Encountering Foundation Core Development(KS3) Enrichment (KS4) Enhancement		
Autumn	1	Self-awareness What are we proud of? Pupils reflect on what they are proud of in school and rehearse skills for learning. SA1 SA2 Topic- <i>Personal Strengths/Skills for learning</i> PSHE FOCUS Self-care, support and safety What does power mean? Pupils learn about power in relationships, including harmful behaviours. SSS8 SSS2 Topic <i>Power imbalances/Personal Space and unwanted touch.</i> RSE FOCUS 'PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps'	Self-awareness What is prejudice? Pupils consider the protected characteristics and how to treat others fairly. SA3 Topic- <i>Prejudice and Discrimination</i> PSHE FOCUS Self-care, support and safety What is personal space? Pupils learn how to assert their own and respect others' personal space and privacy. SSS8 SSS2 SSS6 Topic: <i>Personal Space and unwanted touch/ Public and private/ power imbalances.</i> RSE FOCUS 'PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps'	PSHE Association (SEND Framework) coverage in KS4 is 2 x lessons a week with a focus on RSE in 1 of the lessons if indicated on the mapping (RSE FOCUS) Opportunities are presented for pupils (where appropriate/possible) to: • Experience taking and sharing responsibility. • Feel positive about themselves and others. • Reflect on their perceptions and experiences. • Develop the understanding, language, communication skills and strategies required to exercise personal autonomy wherever possible. • Carry out or take part in daily personal living routines. • Make real decisions (with support where necessary so that they can act upon them). • Take part in group activities and make contributions. • Develop and maintain positive relationships and interactions with others. • Recognise and celebrate their achievements and successes.
	2	Healthy lifestyles What can I do to be well? Pupils build skills to look after their own health and wellbeing. HL3 HL4 Topic: <i>Being Active/Keeping Well</i> PSHE FOCUS	Managing feelings How can I keep mentally well? Pupils revisit skills for emotional regulation and learn about mental health concerns MF5 MF6 Topic: <i>Mental Well-being/Mental Health Concerns</i> PSHE FOCUS	

PSHE KS4 Mapping Cycle B

Spring		Managing feelings How can I manage my feelings towards others? Pupils explore strong feelings they may have in relationships and how to manage these. MF1 MF3 Topic: <i>Self Esteem and unkind comments/Romantic feelings and sexual attraction</i> RSE FOCUS <i>'PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps'</i>	Changing and growing What is sexual intimacy? Pupils learn about sexually intimate relationships, including consent and contraception CG4 Topic: <i>Intimate relationships, consent and contraception</i> RSE FOCUS <i>'PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps'</i>	
	1	Healthy lifestyles What are the laws about drugs? Pupils revisit illegal drugs, the harms they can cause and laws related. HL6 Topic: Drugs. Alcohol and tobacco PSHE FOCUS Changing and growing How can we look after our sexual health? Pupils learn about what can affect fertility and how to look after sexual health. CG4 CG6 Topic: <i>Intimate relationships, consent and contraception/ Reproductive health</i> RSE FOCUS <i>'PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps'</i>	Healthy lifestyles What can harm our bodies? Pupils recap the use of medicines and learn about. HL5 HL6 Topic: <i>Medicinal Drugs/ Drugs, Alcohol and tobacco</i> PSHE FOCUS The world I live in What risks are there online? Pupils learn how to manage online harms, including AI and sharing images. WILI3 Topic: <i>Online Harms</i> RSE FOCUS <i>'PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps'</i>	
	2	Self-awareness How can we respond to pressure? Pupils revisit peer pressure, rehearsing skills to respond. SA4 SA5 Topic: <i>Managing pressure/Getting help</i> PSHE FOCUS Managing feelings What are romantic relationships like? Pupils explore what might shape our expectations of romantic relationships.	Self-awareness How can we respond to pressure? Pupils revisit peer pressure, rehearsing skills to respond. SA4 SA5 Topic: <i>Managing pressure/Getting help</i> PSHE FOCUS Managing feelings What are romantic relationships like? Pupils explore what might shape our expectations of romantic relationships.	

PSHE KS4 Mapping Cycle B

		MF4 Topic: <i>Expectations of relationships</i> RSE FOCUS	MF4 Topic: <i>Expectations of relationships</i> RSE FOCUS	
Summer	1	The world I live in What is it adulthood like? Pupils practise skills for managing money and for participating in work. WILI6 WILI4 Topic: <i>Preparing for adulthood and work/Managing finances</i> PSHE FOCUS Changing and growing What makes a parent? Pupils learn about committed relationships, including marriage and parenthood. CG5 CG3 Topic: <i>Long term relationships and parenthood</i> RSE FOCUS	Self-care, support and safety How can I manage risk? Pupils learn how to respond in risky and emergency situations, including with first aid, and for medical concerns. SSS3 SSS5 SS51 Topic: <i>Accidents and risks, emergency situations, feeling well and staying well help</i> PSHE FOCUS Changing and growing What makes a parent? Pupils learn about committed relationships, including marriage and parenthood. CG5 CG3 Topic: <i>Long term relationships and parenthood</i> RSE FOCUS	
	2	Self-care, support and safety What is gambling? Pupils explore the risks related to gambling money. SSS7 Topic- <i>Gambling</i> PSHE FOCUS The world I live in How can I live independently? <i>Pupils learn about adult life, independent living and the online world.</i> WILI3 WILI7 Topic: <i>Online Harms /Independent Living</i> PSHE FOCUS	Healthy lifestyles Is it hard to stay healthy? Pupils consider challenges and build skills to maintain a healthy lifestyle with more independence. HL1 HL2 HL3 HL4 Topic: <i>Elements of a healthy lifestyle/ physical activity/Healthy eating/Body Image</i> PSHE FOCUS The world I live in What is it adulthood like? Pupils practise skills for managing money and for participating in work. WILI6 WILI4 Topic: <i>Preparing for adulthood and work/Managing finances</i> PSHE FOCUS	