

Personal, Social, Health and Economic (PSHE) COMPOSITE KNOWLEDGE COVERAGE

KEY STAGE 4



Intent:

We will promote, develop, equip and prepare healthy learners for life

		Cycle A 2025/26	Cycle B 2026/27	
		PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps. Suggested level: Encountering Foundation Core Development(KS3) Enrichment (KS4) Enhancement		
Autumn	1	Self-Awareness (Me, who I am, my likes, dislikes, strengths and interests) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps. Topic: Managing pressure (RSE FOCUS)	Self-Care, Support and Safety (Looking after myself and keeping safe; aspects of Relationships and Sex Education.) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps. Topic: Accidents and risk (RSE FOCUS)	PSHE Association (SEND Framework) coverage in KS4 is 2 x lessons a week with a focus on RSE in 1 of the lessons if indicated on the mapping (RSE FOCUS). Opportunities are presented for pupils (where appropriate/possible) to: <ul style="list-style-type: none"> • Experience taking and sharing responsibility. • Feel positive about themselves and others. • Reflect on their perceptions and experiences. • Develop the understanding, language, communication skills and strategies required to exercise personal autonomy wherever possible. • Carry out or take part in daily personal living routines. • Make real decisions (with support where necessary so that they can act upon them). • Take part in group activities and make contributions. • Develop and maintain positive relationships and interactions with others. • Recognise and celebrate their achievements and successes.
	2	Self-Care, Support and Safety (Looking after myself and keeping safe; aspects of Relationships and Sex Education.) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps. Topic: Emergency situations	Self-Care, Support and Safety (Looking after myself and keeping safe; aspects of Relationships and Sex Education.) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps. Topic: Gambling	
Spring	1	Managing Feelings (Understanding feelings, and that how I feel and how others feel affects choices and behaviour; aspects of Relationships and Sex Education)	Changing and Growing (How I and others are changing; new opportunities and responsibilities; aspects of Relationships and Sex Education) PSHE	

Summer		<p>PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: Romantic feelings and sexual attractions (RSE FOCUS).</p>	<p>Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: Long-term relationships/parenthood (RSE FOCUS).</p>	
	2	<p>Changing and Growing (How I and others are changing; new opportunities and responsibilities; aspects of Relationships and Sex Education) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: Intimate relationships, consent and contraception (RSE FOCUS).</p>	<p>PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: Medicinal drugs</p>	
	1	<p>Healthy Lifestyles (Being and keeping healthy, physically and mentally) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: Body image (RSE FOCUS).</p>	<p>Healthy Lifestyles (Being and keeping healthy, physically and mentally) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: Drugs, alcohol & tobacco</p>	
	2	<p>The World I Live In (Living confidently in the wider world) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: Preparing for adulthood</p>	<p>The World I Live In (Living confidently in the wider world) PSHE Association (SEND Framework) coverage to be taught at differentiated Developmental steps.</p> <p>Topic: Managing finances</p>	