TOR VIEW SCHOOL MENU - WEEK 1 (AUTUMN/WINTER 26)

	MEAT MONDAY	TAKE AWAY TUESDAY	WORLDWIDE WEDNESDAY	TRADITIONAL THURSDAY	FISH FRIDAY
MAIN COURSE	**Cottage Pie** (Dairy) 	**Cheese and Tomato Pizza** (Gluten, Dairy) 	**Beef Chilli**	**Cheese and Potato Flan** (Dairy, Milk, Gluten) 	**Fish Fingers** (Gluten, Egg) 
VEGETARIAN OPTION	**Quorn Cottage Pie** (Dairy, Soya, Wheat) 	Gluten Free / Dairy Free Pizza Bread	**Vegetable Chilli**		**Gluten Free / Dairy Free Fish Finger**
SOUP	**Leek and Potato**	**Tomato**	**Red Lentil and Butternut Squash**	**Pea and Ham**	**Minestrone**
POTATO/RICE / PASTA		**Potato Wedges**	**Rice**	**Jacket Potato**	**Mashed Potato** (Dairy) 
VEGETABLES	**Beetroot**	**Baked Beans**		**Sweetcorn**	**Mushy Peas**
DESSERT	**Fruit Yoghurt** (Dairy) 	**Peach Melba Cake** (Wheat, Egg) 	**Fruit Salad**	**Peach Slices**	**Apple Crumble Tart** (Dairy, Wheat) 
ALTERNATIVE	**Tuna or Cheese Bap** (Fish, Dairy, Gluten) 	**Jacket Potato and filling** (Cheese – Dairy, Tuna fish) 	**Ham or Egg Bap** (Wheat, Egg) 	**Jacket Potato** (Cheese – Dairy, Tuna fish) 	**Egg or Cheese Bap** (Egg, Gluten, Dairy) 