

## Long Term Mapping KS2 Physical Education and Swimming

		Cycle 1 (2023-2024)	Cycle 2 (2024-2025)	Cycle 3 (2025 – 2026)	Cycle 4 (2022-2023)
Autumn	1	Hockey (invasion)	Football (invasion)	Netball (invasion)	Gymnastics
	2	Gymnastic	Gymnastic	Gymnastics	Dance – Autumn
Spring	1	Outdoor and adventurous activity challenges	Dance (Spring in the Garden)	Dance –Plants	Tennis
	2	Athletics	Athletics	Athletics	Athletics
Summer	1	Dance – Change in weather	Boccia / Kurling	Cricket	Outdoor and adventurous activity challenges
	2	Cycling	Cycling	Cycling	Cycling

### Swimming

pupils will be working towards being able to swim competently, confidently and proficiently over a distance of at least 25 metres. To use a range of strokes effectively and perform safe self-rescue in different water-based situations

Every learner will have swimming lessons for at least 1 full term each year of the key stage

### INVASION GAMES / ATHLETICS / FIELDING and STRIKING

- Children will learn a variety of skills. They will be able to understand the mutual respect needed to compete in a sporting competition.
- This will be evident through the way they conduct themselves when they compete. They will be tolerant of the different faiths and beliefs that contribute to team competitions locally, nationally and internationally.
  - The children will understand that they are to be compliant with the rules of a game and that we live in a democratic society where both men and women can play mixed sports.

### DANCE

- Children may demonstrate knowledge of the history of dance, and its cultural impact on the world.
  - They may be able to reflect on different styles of dance, influenced by different cultures and both national and international histories.
- Children may demonstrate an awareness of socio-economic influences in different dance histories, such as hip-hop, ballet and folk and begin to compare and contrast the different styles.