

Long Term Mapping KS3 Physical Education and Swimmingn

		Cycle 1 (2024-2025)	Cycle 2 (2022-2023)	Cycle 3 (2023 – 2024)
Autumn	1	Basketball	Gymnastics	Hockey
	2	Gymnastics	Rugby	Gymnastics
Spring	1	Cricket	Tennis	Outdoor Education
	2	Athletics	Athletics	Athletics
Summer	1	Outdoor Education	Volleyball	Football
	2	Rounders	Outdoor Education	Softball
<p style="text-align: center;">Swimming</p> <p>Pupils will continue work towards being able to swim competently, confidently and proficiently over a distance of at least 25 metres. To use a range of strokes effectively and perform safe self-rescue in different water-based situations. Every learner will have swimming lessons for at least ½ a term each year of the key stage</p>				

INVASION GAMES / ATHLETICS / FIELDING and STRIKING

- Children will learn a variety of skills. They will be able to understand the mutual respect needed to compete in a sporting competition.
- This will be evident through the way they conduct themselves when they compete. They will be tolerant of the different faiths and beliefs that contribute to team competitions locally, nationally and internationally.
- The children will understand that they are to be compliant with the rules of a game and that we live in a democratic society where both men and women can play mixed sports.