

## Long Term Mapping KS4 Physical Education

		Cycle 1 (2022-2023)	Cycle 2 (2023 -2024)
Autumn	1	Leisure walks / outdoor and adventurous	Leisure walks / outdoor and adventurous
	2	Cycling	Cycling
Spring	1	Gym	Gym
	2	Tennis	Tennis
Summer	1	Athletics	Athletics
	2	Golf	Golf

### INVASION GAMES / ATHLETICS / FIELDING and STRIKING

- Children will learn a variety of skills. They will be able to understand the mutual respect needed to compete in a sporting competition.
- This will be evident through the way they conduct themselves when they compete. They will be tolerant of the different faiths and beliefs that contribute to team competitions locally, nationally and internationally.
  - The children will understand that they are to be compliant with the rules of a game and that we live in a democratic society where both men and women can play mixed sports.