

# Avocado Icecream



## Ingredients

- 2 tsps vanilla
- 200g sugar
- 1 lemon
- 1 lime
- 4 ripe avocados
- 500ml whole milk

## Equipment

- Scales
- Teaspoon
- Saucepan
- Bowl
- Whisk
- Freezer

## Method

- Add the sugar, vanilla, zest and juice from the lemon and lime to a saucepan and bring to the boil
- Pour into bowl and leave to cool (DO NOT TOUCH the syrup)
- Peel and de-stone the avocado
- Mix the avocado with the milk and syrup until smooth
- Cover and put in the freezer