

How to Make a Summer Smoothie



twinkl

You will need:

1 banana

100g strawberries

100g blueberries

50g raspberries

6 ice cubes

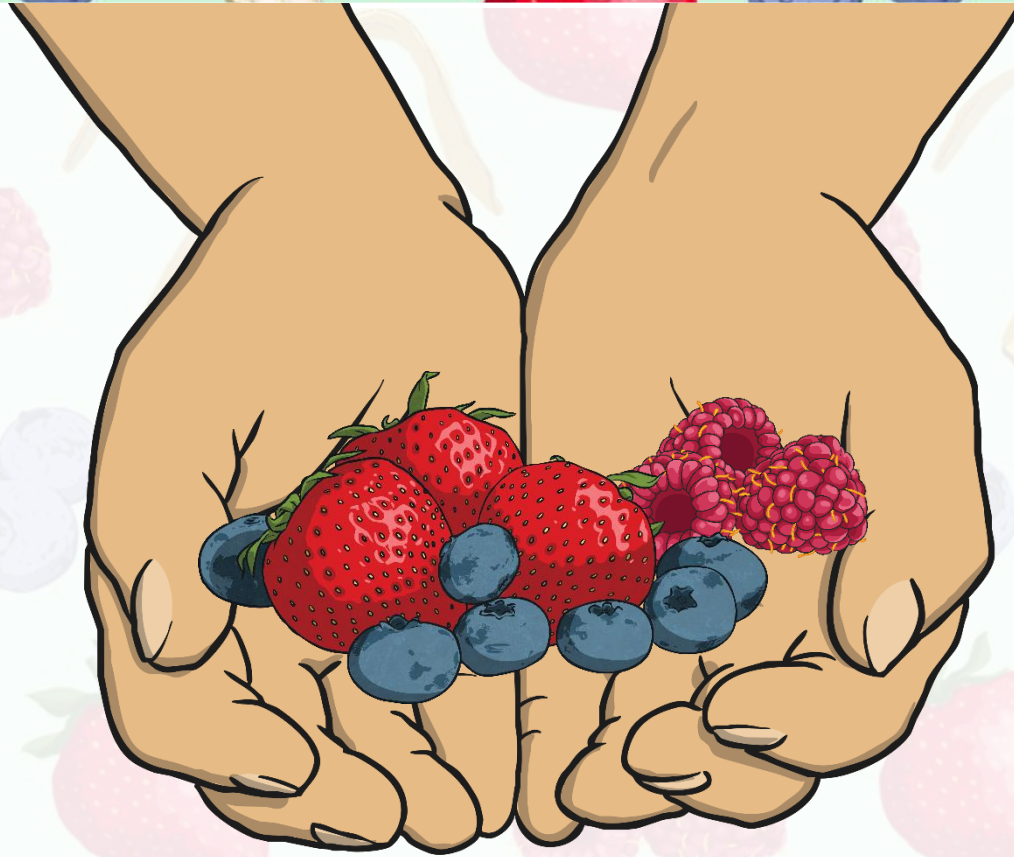
125ml orange juice

180g natural or vanilla yoghurt

$\frac{1}{2}$ tsp honey

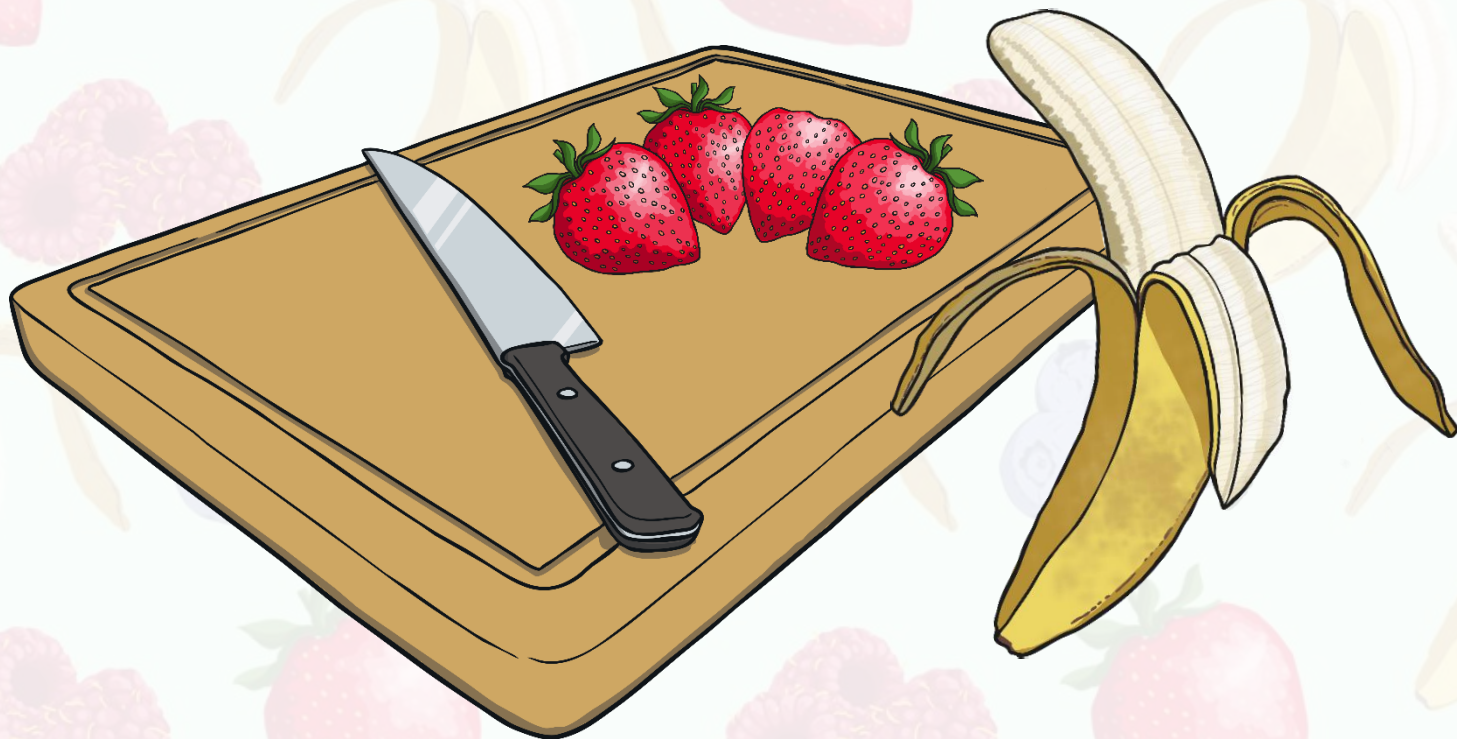
blender





1

Wash the berries and remove the green leaves from the strawberries.



2

Peel and chop the banana into slices. Cut the strawberries in half.



3

Place all the fruit into a blender.



4

Carefully, pour the yoghurt and orange juice into the blender. Add the honey and ice.



5

Blend the ingredients together until smooth.
Carefully, pour the smoothie into a serving glass.
Decorate with some fruit.



6

Enjoy your Summer Smoothie with a friend!

