

Playdough Exercises for 'Get Your Playdough' Song

1

Children roll a playdough ball in the palm of their hand.

('Roll a ball', roll a ball.)



2

Children stretch fingers into the playdough, spreading the dough out as far as they can.

(Then you stretch your fingers, then you stretch your fingers, Up so tall, up so tall!)



3

Children press the playdough flat in between their hands.

(Squash your playdough, squash your playdough, Make it flat, make it flat!)



4

Children pinch the edges, using their thumb and fingers all the way around.

(Nip it round the edges, nip it round the edges.)



5

Children squash the playdough between their hands to make a 'splat' sound.

(Make a splat, make a splat!)



6

Children roll their playdough between their hands to create a long, sausage shape.

(Roll your playdough, roll your playdough, Thin and long, thin and long.)



7

Children squeeze the playdough in the palm of their hand.

(Squeeze your playdough, squeeze your playdough, That's the way, that's the way.)



8

Children isolate each finger and then press each finger individually into the dough.

(Pat it with each finger, pat it with each finger, Playdough play, playdough play!)

