



Name: _____

Date: _____

Task: Using a knife safely

Look at the three pictures below. Circle the correct way to hold a knife safely.



When holding the item to be cut or chopped you need to make sure your fingers are out of the way. Label the pictures below and then practice each method.





How did you feel about your practice?



Staff assessment:

Write out 5 rules for using a knife safely

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____