

# Child Development

**R057**

Exam preparation



**R059**

**Topic 3**

Observe the development of a child aged one to five years

**Topic 4**

Plan and evaluate play activities for a child aged one to five years for a chosen area of development

**R059**

**Topic 2**

Stages and types of play and how play benefits development



**R059**

**Topic 1**

Physical, intellectual and social development norms from one to five years

**R058**

**Topic 3**

Nutritional needs of children from birth to five years



**R058**

**Topic 1**

Creating a safe environment in a childcare setting

**R057**

**Topic 3**

Postnatal checks, postnatal care and the conditions for development



**Topic 2**

Choosing suitable equipment for a childcare setting

**Topic 4**

Health and well-being for child development



**R057**

**Topic 2**

Antenatal Care and preparation for birth

**R057**

**Topic 1**

Preconception Health and reproduction

