Health and Social Care

Component 3

- Factors that affect health and wellbeing
- Interpreting health indicators: Physiological indicators
- Interpreting health indicators: Physiological indicators
- Lifestyle indicators
- Person-centred approach
- Recommendations and actions to improve health and wellbeing
- Barriers and obstacles to following recommendations

Component 1

- Human growth and development across the life stages: Learners will explore the different aspects of growth and development across the life stages using the PIES classifications.
- Factors affecting growth and development: Learners will explore the different factors that can affect an individual's growth and development.
- Different types of life events: Learners will explore the life events that occur in an individual's life that can impacts on peoples PIES development.
- by life events: Learners vexplore how individuals adapt or be supported through changes caused by life events.



Component 2

- Healthcare services: Learners will explore a range of healthcare conditions and how they can be managed by the individual and the different healthcare services that are available.
- Social care services: Learners will explore a range of social care needs and how these can be met by the social care services that are available.
- Barriers to accessing services: Learners will explore barriers that can make it difficult to use these services and suggest how these barriers can be overcome.
- Skills and attributes in health and social care: Learners will explore the skills and attributes that are required when delivering care.
- Values in health and social care: Learners will explore the values that are required when planning and delivering care.
- The obstacles individuals requiring care may face: Learners will explore the personal obstacles that individuals requiring and receiving care may face.
- The benefits to individuals of the skills, attributes and values in health and social care practice: Learners will explore how skills, attributes and values benefit individuals when receiving care.

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