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|   | **Personal Development** |
| **Term 1**  | **Term 2**  | **Term 3**  |
| **Year 10**  | **Mental Health & Wellbeing**Mental health and ill health, stigma, safeguarding health, including during periods of transition or change  | **Addressing Extremism and Radicalisation** Communities, belonging and challenging extremism | **Financial Decision Making and Economic Wellbeing** The impact of financial decisions, debt, gambling and the impact of advertising on financial choices | **Exploring Influence**The influence and impact of drugs, gangs, role models and the media | **Healthy Relationships**Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography | **Careers Success**Investigating careers/ Preparation for & experience of the world of work |
| **Year 11**  | **Next Steps**Application processes, and skills for further education, employment and career progression | **Families and Communication in Relationships**Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships and personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse. | **Families and Communication in Relationships** **Independence**Responsible health choices, and safety in independent contexts | **Building for the Future & Study Skills**Self-efficacy, stress management, and future opportunities | **Revision & Study Skills**Preparation for GCSE’s allowing time for independent revision and information on revision and study skills. |