

Personal Development

Building for the future & Study Skills

- Self-efficacy
- Stress management
- Future opportunities

Next Steps

- Application processes and skills for further education
- Employment and career progression

Healthy Relationships

- Relationships and sex expectations, myths, pleasure and challenges including the impact of the media and pornography

Financial Decision Making and Economic Wellbeing

- Impact of financial decision
- Debt and gambling
- Impact of advertising on financial choices

Mental Health & wellbeing

- Safeguarding Health
- Mental Health and Wellbeing

Families and Communication in relationships

- Different families
- Pregnancy
- Marriage and forced marriage
- Relationship challenges and abuse
- Safety

Career Success

- Investigating careers
- Preparation for work experience and the world of work

Exploring Influence

- Influence and impact of drugs, gangs, role models and the media

Addressing Extremism and Radicalisation

- Communities, belonging and challenging behaviour