PERSONAL DEVELOPMENT

Peer pressure

Substance misuse

How can substances harm me and how do I manage peer influence to make safe choices?

Gambling

Media reliability

How do I use the internet safely?

Online Safety

Coping Strategies

What is emotional • wellbeing and how can I positively improve it?

Body Image

Mental Health

Types & Patterns of Work

Career & Life Choices

Equal Opportunities

What types of careers

→ and opportunities

are there for me?

Gender Identity

Sexting

How do I express my identity and effectively communicate relationship boundaries?

Introduction to Contraception

Consent

What is discrimination and how do I challenge it?

Homophobia

Sexism

Racism

YEAR 8



