

PERSONAL DEVELOPMENT

Online Presence

Skills

What skills do I need to be a good employee?

Attitudes to Pornography

Contraception & STI's

How to I keep myself safe in sexual relationships and build respectful relationships?

Relationships & Sex Education

Consent

How does healthy choices improve my lifestyle and wellbeing?

First Aid

Lifestyles Balance and Healthy Choices

Diet & Exercise

GCSE Options

Goal Setting

Career Options

Strengths

What are my next steps at THS?

Conflict Resolution

Gang Exploitation

How do I show assertiveness to resist peer influence and build respectful relationships?

Assertiveness

Healthy v Unhealthy Relationships

YEAR 9