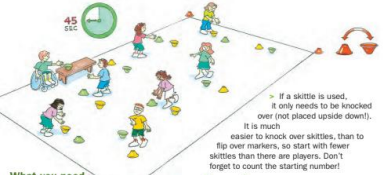
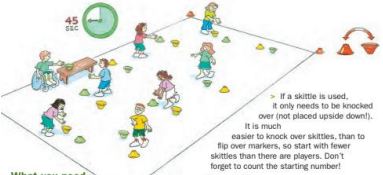
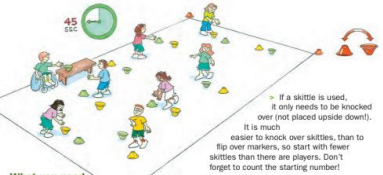
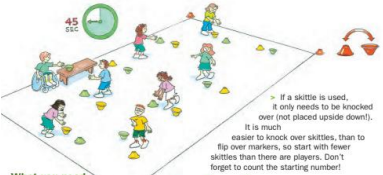


Invasion

<p>Year R</p> <ul style="list-style-type: none"> • To be able to identify a space that they can move into safely. • To be able to identify a space that they can move an object into safely. • To be able to aim an object at a target area. • To be able to pass towards a target. • To be able to travel in different ways, identifying space and moving into it appropriately. • To understand the importance of why we need to warm up our bodies before exercise. • To be able to dribble with their feet and appropriate equipment (hockey stick and ball). • To develop skills in a competitive game. 	<p>Year 1</p> <ul style="list-style-type: none"> • To be able to identify a space that they can move into safely. • To be able to identify a space that they can move an object into safely. • To be able to aim an object at a target area. • To be able to pass towards a target. • To be able to travel in different ways, identifying space and moving into it appropriately. • To be able to develop very simple tactics for attacking and defending. • To understand the importance of why we need to warm up our bodies before exercise. • To be able to dribble with their feet and appropriate equipment (hockey stick and ball). • To develop skills in a game. 	<p>Year 2</p> <ul style="list-style-type: none"> • To be able to identify a space that they can move into safely. • To be able to identify a space that they can move an object into safely. • To be able to aim an object at a target area. • To be able to pass towards a target. • To be able to travel in different ways, identifying space and moving into it appropriately. • To be able to develop very simple tactics for attacking and defending. • To understand the importance of why we need to warm up our bodies before exercise. • To be able to dribble with their feet and appropriate equipment (hockey stick and ball). • To develop skills in a competitive game. • To move with a ball towards goal with the aim of scoring a point/goal. <p>Oracy - Listening and responding - Understand and respond to complex 3 step instructions.</p>
<p>Year 2</p>		



Key skill/s	Warm up	Main Activity	Equipment	Cool down
<ul style="list-style-type: none"> To be able to identify a space that they can move into safely. To be able to identify a space that they can move an object into safely. To be able to aim an object at a target area. To be able to pass towards a target. To be able to travel in different ways, identifying space and moving into it appropriately. To understand the importance of why we need to warm up our bodies before exercise. To be able to dribble with their feet and appropriate equipment (hockey stick and ball). To develop skills in a competitive game. 	<p>Flip it Find a space playing the cone game</p>  <p>Space the cones around the hall = some are craters some as volcanoes. The children are spilt into two groups</p> <p>1 group turn the cones over in crater shape and the other keep them the right way up reassembling a volcano</p> <p>Children can be spilt boys/girl or tallest/smallest Jan to June BDs/ July to Dec BDs</p>	<p>Teaching points</p> <p>Dribbling - Children to dribble the football by taking small touches with the inside of both feet. Children to think about control and looking where they are going to avoid bumping into each other (finding space).</p> <p>Football Week 1 Dribbling activities</p> <p>Children to be put into pairs and be stood behind a line of 4 evenly spaced cones. Children to dribble the ball in and out of the cones making sure they are in control using small steps on either side of each foot. Children to try and increase pace whilst still keeping the ball under control.</p> <p>Children to be put into pairs. Children to pass through a gate to their partner. They score a point for every time they successfully pass the ball through the gate to their partner. Children to take a step back each to make this more difficult if they need to be challenged further.</p> <p>Children to be put in a circle using 15 cones. Each child to</p>	<p>60 cones 15 footballs</p>	<p>Flip it Find a space playing the cone game</p>  <p>Space the cones around the hall = some are craters some as volcanoes. The children are spilt into two groups</p> <p>1 group turn the cones over in crater shape and the other keep them the right way up reassembling a volcano</p> <p>Children can be spilt boys/girl or tallest/smallest Jan to June BDs/ July to Dec BDs</p>

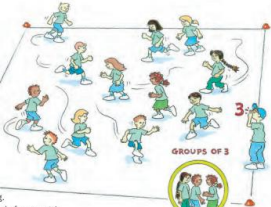
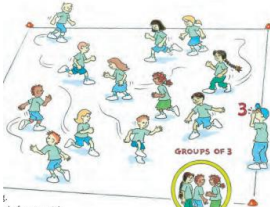
		<p>stand behind one of the cone in pairs facing into the circle. Small gates to be made in the middle of the circle using cones. Children to dribble the ball through three gates and return to their partner. Children to focus on controlling the ball and looking where they are going to avoid other children and cones. Increase pace where possible whilst still keeping the ball under control.</p>		
<ul style="list-style-type: none"> To be able to identify a space that they can move into safely. To be able to identify a space that they can move an object into safely. To be able to aim an object at a target area. To be able to pass towards a target. To be able to travel in different ways, identifying space and moving into it appropriately. To understand the importance of why we need to warm up our bodies before exercise. 	<p>Flip it Find a space playing the cone game</p>  <p>Space the cones around the hall = some are craters some as volcanoes. The children are split into two groups</p> <p>1 group turn the cones over in crater shape and the other keep them the right way up reassembling a volcano</p> <p>Children can be split boys/girl or tallest/smallest Jan to June BDs/ July to Dec BDs</p>	<p>Teaching points</p> <p>Dribbling - Children to dribble the football by taking small touches with the inside of both feet. Children to think about control and looking where they are going to avoid bumping into each other (finding space). Focus more on pace with control.</p> <p>Simple passing - Children to pass the ball to their partner using the inside of their foot. Children to be shown the reason for passing to a team mate (basic rule of attacking).</p> <p>Football week 2 Passing and dribbling game</p> <p>Children to be put in a circle using 15 cones. Each child to stand behind one of the cone in pairs facing into the circle. Small gates to be made in the middle of the circle using cones.</p>	<p>60 cones 15 footballs</p>	<p>Flip it Find a space playing the cone game</p>  <p>Space the cones around the hall = some are craters some as volcanoes. The children are split into two groups</p> <p>1 group turn the cones over in crater shape and the other keep them the right way up reassembling a volcano</p> <p>Children can be split boys/girl or tallest/smallest Jan to June BDs/ July to Dec BDs</p>

<ul style="list-style-type: none"> To be able to dribble with their feet and appropriate equipment (hockey stick and ball). To develop skills in a competitive game. 		<p>Children to dribble the ball through three gates and return to their partner. Children to focus on controlling the ball and looking where they are going to avoid other children and cones. Increase pace where possible whilst still keeping the ball under control. Move gates apart. Children to dribble around 3 cones and then stop ball about 5 paces away from their partner and pass the ball back.</p> <p>Add 2 defenders to the circle. defenders to try and earn points by tagging the children as they try to dribble around the cones. Add more defenders to increase difficulty.</p>		
<ul style="list-style-type: none"> To be able to identify a space that they can move into safely. To be able to identify a space that they can move an object into safely. To be able to aim an object at a target area. To be able to pass 	<p>Find the colour cone</p> <p>Teachers to fill the hall with different coloured cones.</p> <p>Children to move around the hall avoiding the cones and the other children.</p> <p>Discuss with children that they have a bubble and if they bump into anyone or any cones their bubble will pop.</p> <p>Discuss children need to be looking</p>	<p>Teaching points</p> <p>Dribbling - Children to dribble the football by taking small touches with the inside of both feet. Children to think about control and looking where they are going to avoid bumping into each other (finding space). Focus more on pace with control.</p> <p>Simple passing - Children to pass the ball to their partner using the inside of their foot.</p>	<p>60 cones 15 footballs 60 beanbags</p>	<p>Find the colour cone</p> <p>Teachers to fill the hall with different coloured cones.</p> <p>Children to move around the hall avoiding the cones and the other children.</p> <p>Discuss with children that they have a bubble and if they bump into anyone or any cones their bubble will pop.</p> <p>Discuss children need to be looking</p>

<p>towards a target.</p> <ul style="list-style-type: none"> To be able to travel in different ways, identifying space and moving into it appropriately. To understand the importance of why we need to warm up our bodies before exercise. To be able to dribble with their feet and appropriate equipment (hockey stick and ball). To develop skills in a competitive game. 	<p>for a safe space to move into and be moving slow enough that they can change direction if need.</p> <p>When the whistle is blown/ teacher calls out a colour the children have to find a cone of that colour and put it on their head.</p> <p>Repeat with different colours or even using more than one colour.</p> <p>Discuss finding the correct colour cone closet to them and trying to get there in the least amount of time.</p> <p>Children to gain a point everything they are successful at finding the cone before they are all gone.</p>	<p>Children to be shown the reason for passing to a team mate (basic rule of attacking).</p> <p>Looking for space. Avoiding defenders.</p> <p>Football week 3 (final week) Attack v defence. Protect the castle game</p> <p>Introduce new game. Class to be split in half and put into 2 circles. 30 bean bags (cones if there isn't enough bean bags) to be placed in a small square area in the middle of the circle. Attackers (children around the edge of the circle) to try and get a bean bag and take it back to the edge of the circle. Start with 1 defender. If defender tags the attacker the attacker must return to the edge of the circle before attempting to get the bean bags again. Children can only take 1 bean bag at a time. add extra defenders to increase difficulty. Add in dribbling of football once children understand the game. All children to dribble a ball football. Instead of tagging, defenders to make there football touch the attackers ball. If it does, attacker has to return to the edge of the circle.</p>	<p>for a safe space to move into and be moving slow enough that they can change direction if need.</p> <p>When the whistle is blown/ teacher calls out a colour the children have to find a cone of that colour and put it on their head.</p> <p>Repeat with different colours or even using more than one colour.</p> <p>Discuss finding the correct colour cone closet to them and trying to get there in the least amount of time.</p> <p>Children to gain a point everything they are successful at finding the cone before they are all gone.</p>
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<ul style="list-style-type: none"> To be able to identify a space that they can move into safely. To be able to identify a space that they can move an object into safely. To be able to aim an object at a target area. To be able to pass towards a target. To be able to travel in different ways, identifying space and moving into it appropriately. To understand the importance of why we need to warm up our bodies before exercise. To be able to dribble with their feet and appropriate equipment (hockey stick and ball). To develop skills in a competitive game. 	<p>Find the colour cone</p> <p>Teachers to fill the hall with different coloured cones.</p> <p>Children to move around the hall avoiding the cones and the other children.</p> <p>Discuss with children that they have a bubble and if they bump into anyone or any cones their bubble will pop.</p> <p>Discuss children need to be looking for a safe space to move into and be moving slow enough that they can change direction if need.</p> <p>When the whistle is blown/ teacher calls out a colour the children have to find a cone of that colour and put it on their head.</p> <p>Repeat with different colours or even using more than one colour.</p> <p>Discuss finding the correct colour cone closet to them and trying to get there in the least amount of time.</p> <p>Children to gain a point everything they are successful at finding the cone before they are all gone.</p>	<p>Teaching points</p> <p>Hockey stick grip - Children to have right hand on the middle of the stick whilst their left hand is near the top of the stick. Thumbs should be facing towards the bottom of the stick.</p> <p>Dribbling - Children to dribble with hockey stick and ball by taking small touches with the inside and outside of the stick. Children to think about control and looking where they are going to avoid bumping into each other (finding space).</p> <p>Hockey week 1</p> <p>Dribbling activities</p> <p>Children to be put into pairs and be stood behind a line of 4 evenly spaced cones. Children to dribble the ball in and out of the cones making sure they are in control using small touches on either side of the hockey stick.. Children to try and increase pace whilst still keeping the ball under control.</p> <p>Children to be put into pairs. Children to pass through a gate to their partner. They score a point for every time they successfully pass the ball through the gate to their partner. Children to take a step back each to make this more difficult if they need to be</p>	<p>30 hockey sticks 15 hockey balls 60 cones</p>	<p>Find the colour cone</p> <p>Teachers to fill the hall with different coloured cones.</p> <p>Children to move around the hall avoiding the cones and the other children.</p> <p>Discuss with children that they have a bubble and if they bump into anyone or any cones their bubble will pop.</p> <p>Discuss children need to be looking for a safe space to move into and be moving slow enough that they can change direction if need.</p> <p>When the whistle is blown/ teacher calls out a colour the children have to find a cone of that colour and put it on their head.</p> <p>Repeat with different colours or even using more than one colour.</p> <p>Discuss finding the correct colour cone closet to them and trying to get there in the least amount of time.</p> <p>Children to gain a point everything they are successful at finding the cone before they are all gone.</p>
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		<p>challenged further.</p> <p>Children to be put in a circle using 15 cones. Each child to stand behind one of the cones in pairs facing into the circle. Small gates to be made in the middle of the circle using cones. Children to dribble the ball through three gates and return to their partner. Children to focus on controlling the ball and looking where they are going to avoid other children and cones. Increase pace where possible whilst still keeping the ball under control.</p>		
<ul style="list-style-type: none"> To be able to identify a space that they can move into safely. To be able to identify a space that they can move an object into safely. To be able to aim an object at a target area. To be able to pass towards a target. To be able to travel in different ways, identifying space and moving into it appropriately. To understand the 	<p>From a group</p>  <p>Children to move around the hall in all different directions.</p> <p>Remind the children to keep their bubbles from popping by ensuring that they are not bumping into anyone or anything.</p> <p>When the whistle is blown/teacher calls Make a group of 2. Children to find the closet person to them and make a 2.</p> <p>Repeat this over and over again with different number 3/5/6</p>	<p>Teaching points</p> <p>Hockey stick grip - Children to have right hand on the middle of the stick whilst their left hand is near the top of the stick. Thumbs should be facing towards the bottom of the stick.</p> <p>Dribbling - Children to dribble with hockey stick and ball by taking small touches with the inside and outside of the stick. Children to think about control and looking where they are going to avoid bumping into each other (finding space).</p> <p>Simple push pass - Children to place end of the hockey stick next to the ball. Children to push the ball to the intended area (not a hit).</p>	<p>30 hockey sticks 15 hockey balls 60 cones</p>	<p>From a group</p>  <p>Children to move around the hall in all different directions.</p> <p>Remind the children to keep their bubbles from popping by ensuring that they are not bumping into anyone or anything.</p> <p>When the whistle is blown/teacher calls Make a group of 2. Children to find the closet person to them and make a 2.</p> <p>Repeat this over and over again with different number 3/5/6</p>

<p>importance of why we need to warm up our bodies before exercise.</p> <ul style="list-style-type: none"> To be able to dribble with their feet and appropriate equipment (hockey stick and ball). To develop skills in a competitive game. 	<p>Discuss with the children when the number is called they need to stop, listens and scan the hall seeing who is closest and if there is enough people there to make the group.</p>	<p><u>Hockey week 2</u> Children to be put in a circle using 15 cones. Each child to stand behind one of the cones in pairs facing into the circle. Small gates to be made in the middle of the circle using cones. Children to dribble the ball through three gates and return to their partner. Children to focus on controlling the ball and looking where they are going to avoid other children and cones. Increase pace where possible whilst still keeping the ball under control. Move gates apart. Children to dribble around 3 cones and then stop ball about 5 paces away from their partner and pass the ball back.</p> <p>Add 2 defenders to the circle, defenders to try and earn points by tagging the children as they try to dribble around the cones. Add more defenders to increase difficulty.</p>		<p>Discuss with the children when the number is called they need to stop, listens and scan the hall seeing who is closest and if there is enough people there to make the group.</p>
<ul style="list-style-type: none"> To be able to identify a space that they can move into safely. To be able to identify a space that they can move an object into safely. To be able to aim an object at a target 	<p>From a group</p>  <p>Children to move around the hall in all different directions.</p>	<p><u>Teaching points</u> Hockey stick grip - Children to have right hand on the middle of the stick whilst their left hand is near the top of the stick. Thumbs should be facing towards the bottom of the stick.</p> <p>Dribbling - Children to dribble with hockey stick and ball by</p>	<p>30 hockey sticks 15 hockey balls 60 cones 60 bean bags</p>	<p>From a group</p>  <p>Children to move around the hall in all different directions.</p>

<p>area.</p> <ul style="list-style-type: none"> • To be able to pass towards a target. • To be able to travel in different ways, identifying space and moving into it appropriately. • To understand the importance of why we need to warm up our bodies before exercise. • To be able to dribble with their feet and appropriate equipment (hockey stick and ball). • To develop skills in a competitive game. 	<p>Remind the children to keep their bubbles from popping by ensuring that they are not bumping into anyone or anything.</p> <p>When the whistle is blown/teacher calls Make a group of 2. Children to find the closet person to them and make a 2.</p> <p>Repeat this over and over again with different number 3/5/6</p> <p>Discuss with the children when the number is called they need to stop, listens and scan the hall seeing who is closest and if there is enough people there to make the group.</p>	<p>taking small touches with the inside and outside of the stick. Children to think about control and looking where they are going to avoid bumping into each other (finding space).</p> <p>Simple push pass - Children to place end of the hockey stick next to the ball. Children to push the ball to the intended area (not a hit).</p> <p>Looking for space. Avoiding defenders.</p> <p><u>Hockey week 3 (final week)</u> Attack v defence. Protect the castle game</p> <p>Introduce new game. Class to be split in half and put into 2 circles. 30 bean bags (cones if there isn't enough bean bags) to be placed in a small square area in the middle of the circle. Attackers (children around the edge of the circle) to try and get a bean bag and take it back to the edge of the circle. Start with 1 defender. If defender tags the attacker the attacker must return to the edge of the circle before attempting to get the bean bags again. Children can only take 1 bean bag at a time. Add extra defenders to increase difficulty. Add in dribbling of hockey ball once children understand the game.</p>		<p>Remind the children to keep their bubbles from popping by ensuring that they are not bumping into anyone or anything.</p> <p>When the whistle is blown/teacher calls Make a group of 2. Children to find the closet person to them and make a 2.</p> <p>Repeat this over and over again with different number 3/5/6</p> <p>Discuss with the children when the number is called they need to stop, listens and scan the hall seeing who is closest and if there is enough people there to make the group.</p>
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		<p>All children to dribble a hockey ball. Instead of tagging, defenders to touch the attackers ball with their stick. If it does, attacker has to return to the edge of the circle.</p>		
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