

SMSC Planning

Term: Spring 1- 2nd Half

Topic: Friendship

Mental health session – to be done at the beginning of half term	Input	Activity
	<p>Breathing exercises – encourage children to use these as and when they need through the week.</p> <p>https://www.bbc.co.uk/teach/class-clips-video/pshe-eyfs-ks1-feeling-lonely/zv2tvk7</p> <p>Share the video with the children and then discuss if anyone has felt lonely- was this a sad or happy time for them?</p> <p>What could the children do if they saw someone in school that was lonely. How would they know they were lonely? (Talk about what this might look like e.g. shoulders closed in and by themselves looking sad or crying)</p> <p>Generate ideas to help people when they are lonely and record these for Mental Health display. Reinforce that we need to look out for others and care for them.</p>	

	Skill	Year R	Year 1	Year 2
1	Skill- I can identify how to be a good friend.	<p>LO: I can say what a friend is.</p> <p>Talk about friendship. Show powerpoint of people/children being friends.</p>	<p>LO: I can say how I can be a good friend.</p> <p>Talk about friendship – discuss with children what a good friend</p>	<p>LO: I can say qualities of a good friend and give reasons for my answers.</p> <p>Discuss friendship and what a good friend is.</p>

		<p><u>Key questions:</u></p> <ul style="list-style-type: none"> • What is a friend? • What makes a kind friend? • What do your friends do that make you happy? • How do you make your friends happy? <p><u>Outcome:</u> Children to be able to say something my kind friend does. CT/TA to write on sugar paper what kind friends do.</p>	<p>is.</p> <p><u>Key questions:</u></p> <ul style="list-style-type: none"> • What is a friend? • What makes a kind friend? • What do your friends do that make you happy? • How do you make your friends happy? • What can you do to be a good friend? <p><u>Outcome:</u> Children to say 2 things they do that make them a good friend (e.g. share, play with their friends, kind). TA/CT to scribe these onto A3 ginger bread men.</p>	<p><u>Key questions:</u></p> <ul style="list-style-type: none"> • What is a friend? • What makes a kind friend? • What do your friends do that make you happy? • How do you make your friends happy? • What can you do to be a good friend? • What qualities does a good friend have? • Why are these important? • What qualities do you want in a friend? <p><u>Outcome:</u> Children to be given a script to read out in pairs. Children to then decide whether the script shows good friendship and why. Children to be able to say qualities of a good friend and why.</p>
2	Skill- I can identify ways to make friends.	<p>LO: I can give one way to make a friend.</p> <p>Recap what a friend is and the qualities of a good friend. Show children powerpoint of pictures of children playing.</p>	<p>LO: I can talk about a time I have made a new friend.</p> <p>Recap what a friend is and the qualities of a good friend. Show children powerpoint of pictures of children playing.</p>	<p>LO: I can give reasons why it is important to have friends.</p> <p>Remind children how we make new friends. Can they think of a time when they have tried to make a friend but it hasn't gone well? Why do they think that friendship didn't go well and</p>

Key questions:

- What is a good friend?
- What makes a good friend?
- How could you make a new friend?
- What could you do to make a new friend? E.g. ask to play, say hello, colour with their friends.

Outcome:

Children to be able to say one way they could make a new friend. Children to roleplay at the front of the class with CT, take a picture and put it on the working wall.

Key questions:

- What is a good friend?
- What makes a good friend?
- Can you think of a time you made a new friend?
- How did your friendship start? E.g. did you meet at dance class? #
- Did your friend ask you to play/draw/colour with them?

Outcome:

Children to be able to say one time they have made a new friend. Say when this happened. TA scribe onto sugar paper different times/scenarios the children have made friends e.g. at dance class, my friend asked me to play with her.

what would they do next time?

<https://www.youtube.com/watch?v=6qu2cQnULjE>

Watch the video and see if children could add anything else to the suggestions given.

Key questions:

- What is a good friend?
- What makes a good friend?
- Can you think of a time you made a new friend?
- How did your friendship start? E.g. did you meet at dance class? Did your friend ask you to play/draw/colour with them?
- What is a good friend?
- Why is having friends important?
- What do friends do? E.g. care for you, play with you, help you.

Outcome:

Children to say why it is important to have friends. Children to do a presentation as a group on why they think it is important to have friends e.g. so that you are not lonely, to share ideas and play different games, similar interests, to learn new things, to be happy, to talk to somebody.

