

SMSC Planning

Term: Spring 2

Topic: Good to be me

Mental health session – to be done at the beginning of half term	Input	Activity
	Breathing exercises – encourage children to use these as and when they need through the week. Mental health plan runs through this topic.	

	Skills	Year R	Year 1	Year 2
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1	<p>Skills – I can identify qualities that they admire in others</p>	<p>LO: I can talk about someone I like.</p> <p>Key Questions</p> <ul style="list-style-type: none"> • Who is your favourite TV character? • Why do you like this person? <p>Circle time to discuss who they like and what they are good at and then introduce discussing that we all have different skills.</p> <p>Outcome</p> <p>Speech bubbles filled in for walls with comments saying why they like someone on TV etc (talent, skill, costume etc)</p>	<p>LO: I can talk about an animal I would like to be and why.</p> <p>Key Questions</p> <ul style="list-style-type: none"> • What are animals good at? • What can animals do that humans can't? • What attributes do they have to make them good at that thing? • What animal would you most like to be? Why? • Are all animals good at the same thing? • Why is it important that they are all good at different things? <p>Circle time to discuss why they would like to be that animal.</p> <p>Introduce the story The mouse and the lion https://www.youtube.com/watch?v=GxcGVCEEdcU</p> <p>Outcome</p> <p>Children to be able to say that we are all good at different things.</p> <p>TA to write up comments about animals e.g. I want to be abecause</p>	<p>LO: I can discuss why I idolise someone and what skills I have.</p> <p>Who do you wish you were? Introduce the word idol – what is an idol? We look up to these people because they are all good at something that we wish we were good at. Circle time to discuss what their idols are good at and then introduce discussing that we all have different skills.</p> <p>Key Questions</p> <ul style="list-style-type: none"> • Name someone you like? • What skills do they have that you admire? <p>Outcome</p> <p>Write up responses of children.</p>
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2	<p>Skill – I can identify good things about themselves</p>	<p>LO: I can say something I am good at.</p> <p>Explain to children we are going to be thinking about 1 thing we are good at!</p> <p><u>Key Questions</u></p> <p>What are you good at? Why are you good at it? How do you know you are good at it?</p> <p><u>Outcome</u></p> <p>Children to say one thing that they are good at. Strip of paper to be filled in and class paper chain to be made to put along the wall.</p>	<p>LO: I can say something I am good at.</p> <p>Explain to children we are going to be thinking things we are good at and why.</p> <p><u>Key Questions</u></p> <p>What are you good at? Why are you good at it? How do you know you are good at it?</p> <p>Children to have a pizza template and some templates of pepperoni, mushrooms, peppers etc children to write a word they are good at and then stick that on the pizza.</p> <p><u>Outcome</u></p> <p>Children to say three things they are good at and a reason they are good at it.</p>	<p>LO: I can say something I am good at.</p> <p>Explain to children we are going to be thinking about 4 things we are good at!</p> <p><u>Key Questions</u></p> <p>What are you good at? Why are you good at it? How do you know you are good at it?</p> <p><u>Outcome</u></p> <p>Children to have 4 jigsaw pieces and they write 4 things they are good at with a reason why.</p>

			<p>Work to be shrunk for the wall.</p> <p>Speech bubble of reasons they are good at them written up.</p>	<p>Put some jigsaw pieces on the wall.</p>
3	<p>Skill – I can begin to embrace that they are different and unique</p>	<p>LO: I can tell other people what I am good at.</p> <p>Key Questions</p> <ul style="list-style-type: none"> • What are you good at? • Why are you good at it? • How do you know you are good at it? • Is everyone good at the same thing? • Why is it important we are good at different things? <p>Share their unique paper chains and join all together – highlight that we are all unique and different but are joined together as a class.</p> <p>Outcome</p>	<p>LO: I can tell other people what I am good at and identify that it is different to my friends.</p> <p>Key Questions</p> <ul style="list-style-type: none"> • What are you good at? • Why are you good at it? • How do you know you are good at it? • Is everyone good at the same thing? • Why is it important we are good at different things? <p>Share their unique pizzas and put them all into a 'pizza box'. Highlight that we are all unique and different but are joined together as a class.</p> <p>Outcome</p> <p>Children to be able to say what they are good at and also what a friend is good at.</p> <p>Class pizza box to be displayed.</p>	<p>LO: I can tell other people what I am good at, identify that it is different to my friends and say how.</p> <p>Share their unique puzzle pieces and join all together – highlight that we are all unique and different but are joined together as a class.</p> <p>Key Questions</p> <ul style="list-style-type: none"> • What are you good at? • Why are you good at it? • How do you know you are good at it? • Is everyone good at the same thing? • Why is it important we are good at different things?

		<p>Children to be able to say what they are good at. Class chain to be displayed.</p>		<ul style="list-style-type: none">• How could you teach your friend to be good at the thing you are good at? <p><u>Outcome</u> Children to be able to say what they are good at why it is important everyone is good at different things. Write up for wall and display with puzzle pieces.</p>
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