

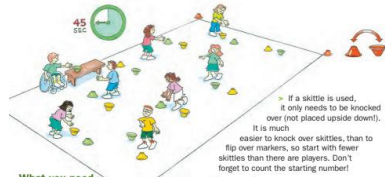
Invasion

<p>Year R</p> <ul style="list-style-type: none"> To be able to identify a space that they can move into safely. To be able to identify a space that they can move an object into safely. To be able to aim an object at a target area. To be able to pass towards a target. To be able to travel in different ways, identifying space and moving into it appropriately. To understand the importance of why we need to warm up our bodies before exercise. To be able to dribble with their feet and appropriate equipment (hockey stick and ball). To develop skills in a competitive game. 	<p>Year 1</p> <ul style="list-style-type: none"> To be able to identify a space that they can move into safely. To be able to identify a space that they can move an object into safely. To be able to aim an object at a target area. To be able to pass towards a target. To be able to travel in different ways, identifying space and moving into it appropriately. To be able to develop very simple tactics for attacking and defending. To understand the importance of why we need to warm up our bodies before exercise. To be able to dribble with their feet and appropriate equipment (hockey stick and ball). To develop skills in a game. 	<p>Year 2</p> <ul style="list-style-type: none"> To be able to identify a space that they can move into safely. To be able to identify a space that they can move an object into safely. To be able to aim an object at a target area. To be able to pass towards a target. To be able to travel in different ways, identifying space and moving into it appropriately. To be able to develop very simple tactics for attacking and defending. To understand the importance of why we need to warm up our bodies before exercise. To be able to dribble with their feet and appropriate equipment (hockey stick and ball). To develop skills in a competitive game. To move with a ball towards goal with the aim of scoring a point/goal. 		
<p>Year 1</p>				
<p>Key skill/s</p>	<p>Warm up</p>	<p>Main Activity</p>	<p>Equipment</p>	<p>Cool down</p>

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- To be able to aim an object at a target area.
- To be able to pass towards a target.
- To be able to travel in different ways, identifying space and moving into it appropriately.
- To understand the importance of why we need to warm up our bodies before exercise.
- To be able to dribble with their feet and appropriate equipment (hockey stick and ball).
- To develop skills in a competitive game.

Flip it
Find a space playing the cone game



Space the cones around the hall = some are craters some as volcanoes. The children are split into two groups

1 group turn the cones over in crater shape and the other keep them the right way up reassembling a volcano

Children can be split boys/girl or tallest/smallest

Jan to June BDs/ July to Dec BDs

Teaching points

Dribbling - Children to dribble the football by taking small touches with the inside of both feet. Children to think about control and looking where they are going to avoid bumping into each other (finding space). Focus more on pace with control.

Simple passing - Children to pass the ball to their partner using the inside of their foot. Children to be shown the reason for passing to a team mate (basic rule of attacking).

Football week 2 Simple passing game

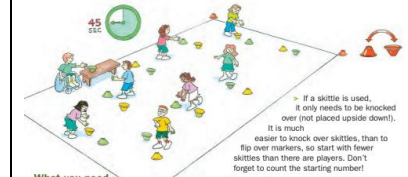
Children to be put into pairs. Children to pass through a gate to their partner. They score a point for every time they successfully pass the ball through the gate to their partner.

Children to take a step back each to make this more difficult if they need to be challenged further.

Children to be put in a circle using 15 cones. Each child to stand behind one of the cone in pairs facing into the circle. Small gates to be made in the middle of the circle using cones.

60 cones
15 footballs

Flip it
Find a space playing the cone game



Space the cones around the hall = some are craters some as volcanoes. The children are split into two groups

1 group turn the cones over in crater shape and the other keep them the right way up reassembling a volcano



Children can be split boys/girl or tallest/smallest

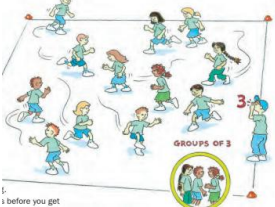
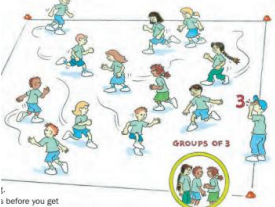
Jan to June BDs/ July to Dec BDs

		<p>Children to dribble the ball through three gates and return to their partner. Children to focus on controlling the ball and looking where they are going to avoid other children and cones. Increase pace where possible whilst still keeping the ball under control. Move gates apart. Children to dribble around 3 cones and then stop ball about 5 paces away from their partner and pass the ball back.</p>		
<ul style="list-style-type: none"> To be able to identify a space that they can move into safely. To be able to identify a space that they can move an object into safely. To be able to aim an object at a target area. To be able to pass 	<p>Find the colour cone</p> <p>Teachers to fill the hall with different coloured cones.</p> <p>Children to move around the hall avoiding the cones and the other children.</p> <p>Discuss with children that they have a bubble and if they bump into anyone or any cones their bubble will pop.</p> <p>Discuss children need to be looking</p>	<p>Teaching points</p> <p>Dribbling - Children to dribble the football by taking small touches with the inside of both feet. Children to think about control and looking where they are going to avoid bumping into each other (finding space). Focus more on pace with control.</p> <p>Simple passing - Children to pass the ball to their partner using the inside of their foot.</p>	<p>60 cones 15 footballs</p>	<p>Find the colour cone</p> <p>Teachers to fill the hall with different coloured cones.</p> <p>Children to move around the hall avoiding the cones and the other children.</p> <p>Discuss with children that they have a bubble and if they bump into anyone or any cones their bubble will pop.</p> <p>Discuss children need to be looking</p>

<p>towards a target.</p> <ul style="list-style-type: none"> To be able to travel in different ways, identifying space and moving into it appropriately. To understand the importance of why we need to warm up our bodies before exercise. To be able to dribble with their feet and appropriate equipment (hockey stick and ball). To develop skills in a competitive game. 	<p>for a safe space to move into and be moving slow enough that they can change direction if need.</p> <p>When the whistle is blown/ teacher calls out a colour the children have to find a cone of that colour and put it on their head.</p> <p>Repeat with different colours or even using more than one colour.</p> <p>Discuss finding the correct colour cone closet to them and trying to get there in the least amount of time.</p> <p>Children to gain a point everything they are successful at finding the cone before they are all gone.</p>	<p>Children to be shown the reason for passing to a team mate (basic rule of attacking).</p> <p>Looking for space. Avoiding defenders.</p> <p>Football week 3 (final week) Dribble and passing mixed game Children to be put in a circle using 15 cones. Each child to stand behind one of the cone in pairs facing into the circle. Small gates to be made in the middle of the circle using cones. Children to dribble the ball through three gates and return to their partner. Children to focus on controlling the ball and looking where they are going to avoid other children and cones. Increase pace where possible whilst still keeping the ball under control. Move gates apart. Children to dribble around 3 cones and then stop ball about 5 paces away from their partner and pass the ball back.</p> <p>Add a defender who will also dribble around with their own ball in the circle. Defenders job is to earn points by dribbling their ball and tagging children who are trying to dribble around the cones. Increase the amount of defenders to make it more difficult.</p>		<p>for a safe space to move into and be moving slow enough that they can change direction if need.</p> <p>When the whistle is blown/ teacher calls out a colour the children have to find a cone of that colour and put it on their head.</p> <p>Repeat with different colours or even using more than one colour.</p> <p>Discuss finding the correct colour cone closet to them and trying to get there in the least amount of time.</p> <p>Children to gain a point everything they are successful at finding the cone before they are all gone.</p>
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		focus on controlling the ball and looking where they are going to avoid other children and cones. Increase pace where possible whilst still keeping the ball under control.		
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