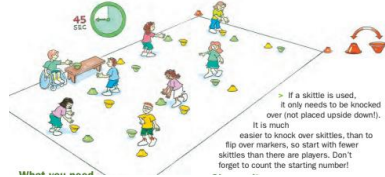


Invasion

<p>Year R</p> <ul style="list-style-type: none"> To be able to identify a space that they can move into safely. To be able to identify a space that they can move an object into safely. To be able to aim an object at a target area. To be able to pass towards a target. To be able to travel in different ways, identifying space and moving into it appropriately. To understand the importance of why we need to warm up our bodies before exercise. To be able to dribble with their feet and appropriate equipment (hockey stick and ball). To develop skills in a competitive game. 	<p>Year 1</p> <ul style="list-style-type: none"> To be able to identify a space that they can move into safely. To be able to identify a space that they can move an object into safely. To be able to aim an object at a target area. To be able to pass towards a target. To be able to travel in different ways, identifying space and moving into it appropriately. To be able to develop very simple tactics for attacking and defending. To understand the importance of why we need to warm up our bodies before exercise. To be able to dribble with their feet and appropriate equipment (hockey stick and ball). To develop skills in a competitive game. 	<p>Year 2</p> <ul style="list-style-type: none"> To be able to identify a space that they can move into safely. To be able to identify a space that they can move an object into safely. To be able to aim an object at a target area. To be able to pass towards a target. To be able to travel in different ways, identifying space and moving into it appropriately. To be able to develop very simple tactics for attacking and defending. To understand the importance of why we need to warm up our bodies before exercise. To be able to dribble with their feet and appropriate equipment (hockey stick and ball). To develop skills in a competitive game. To move with a ball towards goal with the aim of scoring a point/goal. 		
<p>Year R</p>				
<p>Key skill/s</p>	<p>Warm up</p>	<p>Main Activity</p>	<p>Equipment</p>	<p>Cool down</p>

- To be able to identify a space that they can move into safely.
- To be able to identify a space that they can move an object into safely.
- To be able to aim an object at a target area.
- To be able to pass towards a target.
- To be able to travel in different ways, identifying space and moving into it appropriately.
- To understand the importance of why we need to warm up our bodies before exercise.
- To be able to dribble with their feet and appropriate equipment (hockey stick and ball).
- To develop skills in a competitive game.

Flip it
Find a space playing the cone game



Space the cones around the hall = some are craters some as volcanoes. The children are split into two groups

1 group turn the cones over in crater shape and the other keep them the right way up reassembling a volcano

Children can be split boys/girl or tallest/smallest
Jan to June BDs/ July to Dec BDs

Teaching points

Dribbling - Children to dribble the football by taking small touches with the inside of both feet. Children to think about control and looking where they are going to avoid bumping into each other (finding space).

Football Week 1

Dribbling activities

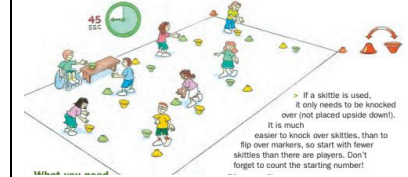
Children to be put into pairs and be stood on a cone. A cone to be placed directly opposite the children about 10 paces away. Children to dribble to the cone on the other side, stop the ball and dribble it back to their partner.

Children to then dribble the ball and go around the cone without stopping. Then dribble the ball back to their partner.

Add two extra cones between the one they are stood at and the one they are dribbling too. Children to dribble the ball in and out of the cones making sure they are in control using small steps on either side of each foot.

60 cones
15 footballs

Flip it
Find a space playing the cone game



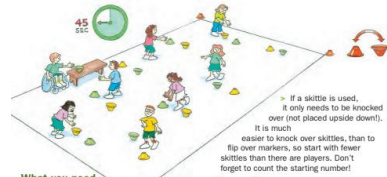
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1 group turn the cones over in crater shape and the other keep them the right way up reassembling a volcano

Children can be split boys/girl or tallest/smallest
Jan to June BDs/ July to Dec BDs

- To be able to identify a space that they can move into safely.
- To be able to identify a space that they can move an object into safely.
- To be able to aim an object at a target area.
- To be able to pass towards a target.
- To be able to travel in different ways, identifying space and moving into it appropriately.
- To understand the importance of why we need to warm up our bodies before exercise.
- To be able to dribble with their feet and appropriate equipment (hockey stick and ball).
- To develop skills in a competitive game.

Flip it
Find a space playing the cone game



Space the cones around the hall = some are craters some as volcanoes. The children are split into two groups

1 group turn the cones over in crater shape and the other keep them the right way up reassembling a volcano

Children can be split boys/girl or tallest/smallest
Jan to June BDs/ July to Dec BDs

Teaching points

Dribbling - Children to dribble the football by taking small touches with the inside of both feet. Children to think about control and looking where they are going to avoid bumping into each other (finding space). Focus more on pace with control.

Simple passing - Children to pass the ball to their partner using the inside of their foot. Children to be shown the reason for passing to a team mate (basic rule of attacking).

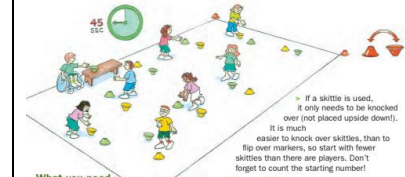
Football week 2 Simple passing game

Children to be put into pairs. Children to pass through a gate to their partner. They score a point for every time they successfully pass the ball through the gate to their partner.

Children to take a step back each to make this more difficult if they need to be challenged further.

60 cones
15 footballs

Flip it
Find a space playing the cone game



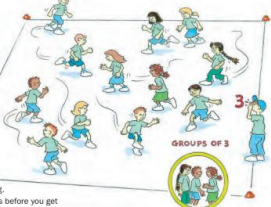
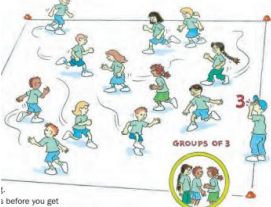
Space the cones around the hall = some are craters some as volcanoes. The children are split into two groups



1 group turn the cones over in crater shape and the other keep them the right way up reassembling a volcano

Children can be split boys/girl or tallest/smallest
Jan to June BDs/ July to Dec BDs

<ul style="list-style-type: none"> • To be able to identify a space that they can move into safely. • To be able to identify a space that they can move an object into safely. • To be able to aim an object at a target area. • To be able to pass towards a target. • To be able to travel in different ways, identifying space and moving into it appropriately. • To understand the importance of why we need to warm up our bodies before exercise. • To be able to dribble with their feet and appropriate equipment (hockey stick and ball). • To develop skills in a competitive game. 	<p>Find the colour cone</p> <p>Teachers to fill the hall with different coloured cones.</p> <p>Children to move around the hall avoiding the cones and the other children.</p> <p>Discuss with children that they have a bubble and if they bump into anyone or any cones their bubble will pop.</p> <p>Discuss children need to be looking for a safe space to move into and be moving slow enough that they can change direction if need.</p> <p>When the whistle is blown/ teacher calls out a colour the children have to find a cone of that colour and put it on their head.</p> <p>Repeat with different colours or even using more than one colour.</p> <p>Discuss finding the correct colour cone closet to them and trying to get there in the least amount of time.</p> <p>Children to gain a point everything they are successful at finding the cone before they are all gone.</p>	<p>Teaching points</p> <p>Dribbling - Children to dribble the football by taking small touches with the inside of both feet. Children to think about control and looking where they are going to avoid bumping into each other (finding space). Focus more on pace with control.</p> <p>Simple passing - Children to pass the ball to their partner using the inside of their foot. Children to be shown the reason for passing to a team mate (basic rule of attacking).</p> <p><u>Football week 3 (final week)</u> Dribble and passing mixed game Big coned circle made from 15 cones, 1 for each pair to stand on. In the middle place lots of gates (2 cones) for children to dribble through.</p> <p>Children to be put in a big circle and into pairs. 1 child from the pair will enter the circle first. They dribble and stop the ball at 3 gates. Then go back and pass the ball to their partner.</p> <p>To extend, children to dribble through 3 cones and go back to their partner without stopping the ball.</p>	<p>60 cones 15 footballs</p>	<p>Find the colour cone</p> <p>Teachers to fill the hall with different coloured cones.</p> <p>Children to move around the hall avoiding the cones and the other children.</p> <p>Discuss with children that they have a bubble and if they bump into anyone or any cones their bubble will pop.</p> <p>Discuss children need to be looking for a safe space to move into and be moving slow enough that they can change direction if need.</p> <p>When the whistle is blown/ teacher calls out a colour the children have to find a cone of that colour and put it on their head.</p> <p>Repeat with different colours or even using more than one colour.</p> <p>Discuss finding the correct colour cone closet to them and trying to get there in the least amount of time.</p> <p>Children to gain a point everything they are successful at finding the cone before they are all gone.</p>
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		<p>at 3 gates. Then go back and pass the ball to their partner.</p> <p>To extend, children to dribble through 3 cones and go back to their partner without stopping the ball. Gates can also be made smaller if needed.</p>		
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