



# **Trawden Forest Primary School**

Newsletter: Issue 1 – 05.09.25

The background of the slide is a stylized illustration of a jungle. It features dark green silhouettes of trees and foliage at the top and bottom edges. The central area is filled with light green, wavy shapes representing bushes or grass, and several thin, yellowish-green lines that crisscross the space, resembling tree trunks or vines.

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# Headteacher's Message



Welcome back to school everyone and I hope you have all had a wonderful summer break. We were very lucky to get some fantastic weather, and I hope you enjoyed spending some quality time with your family and friends. It has been lovely to see all our children back in school, settled and ready to learn in their new classrooms.

May I also wish a very warm welcome to all our new EYFS children and parents, who have joined our Trawden School family. The children have been getting to know their way around school and making new friends which has been lovely to see .....well done! I would also like to welcome our new member of staff Mrs Roach who has come to join our fabulous school team.

Please ensure you read the class newsletters which have lots of important information relevant to each class, including PE/Forest School days, when homework should be completed, book changes, lesson information etc.

Please don't forget that next Friday we will be celebrating Roald Dahl's birthday in school and to so we are inviting pupils to dress up as their favourite characters from a book or they can wear non-uniform and bring a prop/book/picture into school. They will be taking part in a wide variety of Dahl based activities!

As the weather slowly changes and we prepare for Autumn please ensure your child now brings a coat to school everyday.

May I politely ask that Parents/Carers do not use the staff car park at anytime. This is to ensure the safety of our children and staff. Thank you for your continued cooperation and understanding

Kindest regards  
Mrs L Stinchon

# Macmillan Coffee Morning

This year we will be holding our annual Macmillan coffee morning on Friday 26<sup>th</sup> September here at Trawden Forest Primary School.

All parents and carers are welcome to join us for a cake and a coffee to help raise money for this very worthy charity. Your children will be able to join you from class too!

On Thursday 25<sup>th</sup> September we are holding a non-uniform day and requesting that all children bring in donations of cake, buns, biscuits etc. to sell at our coffee morning.

Thank you in anticipation of your generosity.



WORLD'S BIGGEST  
**COFFEE  
MORNING**

MACMILLAN  
CANCER SUPPORT



**We are hosting a  
MacMillan Coffee Morning**

**Friday 26<sup>th</sup> September 2025 9:15 - 11:15am**

**at Trawden Forest Primary School**

**Come and have "a cuppa, a cake and a chat"  
with family and friends!**

**All donations will be greatly received and we  
look forward to you joining us!**



# Thank you!



## THANK YOU!

- Thank you very much to Anthony Jones, Denise Pinder, Paul Wright and Rebecca McGhee for kindly donating their lottery winnings back to school  
REMEMBER:- *“You have to be in it to win it”*

If you would like to support school by joining our school lottery please follow the link;

<https://www.yourschoollottery.co.uk/lottery/school/trawden-forest-primary-school>



- Thank you to the Dunleavey family for their amazing donation of books for our library – what a variety, thank you!

**\*\*\* PLEASE – keep an eye on our Facebook page and website “News” to see everything we get up to!**





# Healthy Snacks and water bottles

As you know we are a healthy school and we would just like to send a reminder about children's snacks in school:

In school now we are expected to clean children's teeth – the government launched this initiative in April 2025. We would like to support our children with this and support our parents in ensuring our children are as healthy as possible.

*This government inherited a children's oral health crisis. The most common reason children aged 5 to 9 being are admitted to hospital is to have treatment for decayed teeth. Latest data shows 1 in 5 children aged 5 have experienced tooth decay in England, with higher rates of up to 1 in 3 in more deprived areas.*

- Children are allowed to bring in a healthy snack (i.e. fruit or sugar free snack) for morning and/or afternoon playtime. This should remain in their tray (not lunchbox) until eaten. This is not compulsory.
  - All children in EYFS, Y1 and Y2 have a free piece of fruit provided every morning play time.
  - No chocolate, sweets or crisps permitted.
  - We cannot store yogurt in a fridge
  - NO NUTS - Please note that we are a nut-free school due to the severe allergies that we have.
  - Water only in water bottles please – these can be refilled as many times as needed in school.
- At playtimes the children only have 15 minutes to play with their friends, go to the toilet, have a drink and eat their snack – to do all or some of these things - so something small and easy is best!

*Government advice recommends healthy school snacks focus on fruit and vegetables, with parents encouraged to provide a variety of these as well as whole grains and lower-fat dairy to meet nutritional needs. Key recommendations include offering a balance of food groups, choosing water as the main drink, and avoiding or limiting sugary snacks, and foods high in fat. Schools themselves have a School Food Standards policy to provide healthy meals, and some schools offer government-provided free fruit or vegetables for younger pupils.*

Thank you all for your support and understanding with this.



## What about snacks for break time?

### The best options for breaktime snacks are:

- Portion of fresh fruit (no dried fruit as snacks please as the sugar can stick in teeth).
- Vegetable sticks.
- Other ideas for healthy snacks could be rice cakes, bread sticks, bag of plain popcorn.

### Please check your school's policy on snacks

## What should I NOT bring to school?

Please do **NOT** include the following items:

- ✗ Sweets and chocolate bars – these foods are high in sugar and calories, low in goodness, and are harmful for teeth.
- ✗ Squash or fizzy drinks – water is best for teeth.
- ✗ Other items e.g. nuts, sesame, fish – please check your school's allergy policy.

Thank you!





# Dates for your Diary

- Friday 12<sup>th</sup> September – Roald Dahl Day
- Wednesday 17<sup>th</sup> September – Cauliflower cards sent out to parents to order
- Thursday 25<sup>th</sup> September – **Non-uniform Day to bring donations of cakes, buns, biscuits etc. for our coffee morning**
- Friday 26<sup>th</sup> September – Year 6 Go Velo – online form must be completed
- Friday 26<sup>th</sup> September – Cauliflower cards due back in school
- Friday 26<sup>th</sup> September – Macmillan Coffee Morning 9:15-11:15am
- Tuesday 30<sup>th</sup> September – Lego Day for KS2
- Tuesday 7<sup>th</sup> October and Tuesday 18<sup>th</sup> November – Open Day
- If you have or know someone who has a child due to start primary school in September 2026 come and visit us on one of the dates to see what wonderful things we do! Ring the school office to book a slot.

