

School Food Policy

Responsible Person	Mrs J Nelson
Date Created	December 2025
Date to be Reviewed	December 2026

Our Mission

We want everyone in our school community to enjoy healthy food and learn good habits that help us and the planet. We will give children and families the skills and knowledge to make healthy choices every day.

Leadership: Making Food a Priority

We will make healthy eating and sustainability a key part of school life. **We will:**

- Listen to pupils, parents, and staff about food in school
- Share updates and celebrate food initiatives
- Encourage children to enjoy school meals
- Train staff so they can teach about food confidently
- Involve catering staff in our food culture

Lunchtime: Healthy, Tasty and Sustainable

We want every child to enjoy nutritious, fresh, seasonal food.

We will:

- Follow government food standards
- Aim for 75% freshly prepared meals and use seasonal produce
- Choose meat and fish from high welfare and sustainable sources
- Make sure drinking water is always available

Learning: Cooking, Growing and Knowing Where Food Comes From

We will teach children about healthy eating, cooking, and sustainability through hands-on experiences. **We will:**

- Include food education in the curriculum
- Give children chances to cook and grow food
- Connect with local farms and producers
- Encourage children to eat what they grow

Sharing and Caring: Enjoying Food Together

We want mealtimes to be happy and sociable.

We will:

- Make lunchtime a positive experience
- Work with parents to ensure packed lunches are healthy
- Organise food events for families and the community
- Share what we learn with other schools

Monitoring and Review

Our School Nutrition Action Group will check progress and report to governors twice a year. We will review this policy every two years.

This policy was developed in collaboration with