

INFANT MASSAGE

Children and Family
Wellbeing
Service

A five week course starting 6th January. Booking essential.

Email cfwpendlerfs@lancashire.gov.uk to book your place

Friday 10am - 11.15am

Colne Neighbourhood Centre

Walton Street

Colne, BB8 0EL

Aimed at babies from six weeks to crawling. Fathers and other carers are welcome.

The sessions will help you to feel the relaxing effect of giving your baby a massage.

Infant massage has many benefits, some of which are to strengthen the bonding process, build your confidence in handling baby and support baby's development – helping physical needs if there is any tummy trouble, problems with bowel movement or trapped wind



Lancashire
County
Council

