



Trawden Forest Primary School
PE 2022 - 2023



Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Early Learning Goals	FMS Travelling and navigation skills space	FMS hand/eye & foot/eye coordination	FMS agility, balance, coordination	FMS chasing & evading	FMS pairs & small-sided games	FMS pairs & small-sided games
Year 1	FMS Baseline Unit	FMS Ball Skills (throwing & catching)	FMS Gymnastics	FMS Dance	FMS Kicking Skills	FMS Games
Year 2	Baseline unit	Games Striking and Fielding	Gymnastics	Dance	Outdoor and Adventurous (OAA)	Net and wall games End of KS assessment
Year 3	Baseline Dance	Multi-skills Invasion games	Swimming Outdoor and Adventurous (OAA) Problem solving		Outdoor and Adventurous (OAA)	Athletics
Year 4	Net and wall Core skills	Basketball Invasion games	Gymnastics	Dance	Striking and Fielding Cricket	Outdoor and Adventurous (OAA)
Year 5	Dance Victorians	Dance	Gymnastics	Rounders Striking and Fielding	Orienteering + Outdoor and Adventurous (OAA)	Athletics



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Year 6	Tennis Net and wall	Rugby Invasion games	Gymnastics	Dance	Athletics + Outdoor and Adventurous (OAA)	Cricket Striking and fielding End of KS assessment
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