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| **Year Group** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Early Learning Goals** | FMSTravelling and navigation skills space | FMShand/eye & foot/eye coordination | FMSagility, balance, coordination | FMSchasing & evading | FMSpairs & small-sided games | FMSpairs & small-sided games |
| **Year 1** | FMS Baseline Unit | FMSBall Skills (throwing & catching) | FMSGymnastics | FMSDance | FMSKicking Skills | FMSGames |
| **Year 2** | Baseline unit | GamesStriking and Fielding | Gymnastics | Dance | Outdoor and Adventurous (OAA | Net and wall gamesEnd of KS assessment |
| **Year 3** | BaselineDance | Multi-skillsInvasion games | Gymnastics | Outdoor and Adventurous (OAA) Problem solving | Outdoor and Adventurous (OAA) | Athletics |
| **Year 4** | Net and wall Core skills | BasketballInvasion games | Gymnastics | Dance | Striking and FieldingCricket | Outdoor and Adventurous (OAA) |
| **Year 5** | Dance Victorians | Netball | SwimmingRugby | RoundersStriking and Fielding | Orienteering+Outdoor and Adventurous (OAA) | Athletics |
| **Year 6** | TennisNet and wall | RugbyInvasion games | Gymnastics | Swimming | Athletics+Outdoor and Adventurous (OAA) | CricketStriking and fieldingEnd of KS assessment |