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| **Year Group** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Early Learning Goals** | FMS  Travelling and navigation skills space | FMS  hand/eye & foot/eye coordination | FMS  agility, balance, coordination | FMS  chasing & evading | FMS  pairs & small-sided games | FMS  pairs & small-sided games |
| **Year 1** | FMS Baseline Unit | FMS  Ball Skills (throwing & catching) | FMS  Gymnastics | FMS  Dance | FMS  Kicking Skills | FMS  Games |
| **Year 2** | Baseline unit | Games  Striking and Fielding | Gymnastics | Dance | Outdoor and Adventurous (OAA | Net and wall games  End of KS assessment |
| **Year 3** | Baseline  Dance | Multi-skills  Invasion games | Gymnastics | Outdoor and Adventurous (OAA)  Problem solving | Outdoor and Adventurous (OAA) | Athletics |
| **Year 4** | Net and wall  Core skills | Basketball  Invasion games | Gymnastics | Dance | Striking and Fielding  Cricket | Outdoor and Adventurous (OAA) |
| **Year 5** | Dance  Victorians | Netball | Swimming  Rugby | Rounders  Striking and Fielding | Orienteering  +  Outdoor and Adventurous (OAA) | Athletics |
| **Year 6** | Tennis  Net and wall | Rugby  Invasion games | Gymnastics | Swimming | Athletics  +  Outdoor and Adventurous (OAA) | Cricket  Striking and fielding  End of KS assessment |