



Trawden Forest Primary School PSHE Curriculum Map 2022-23



Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Early Learning Goals	World Mental Health Day Making relationships – form positive relationships, settling in, feelings, rules	Anti-Bullying Week National Road Safety Week Home customs, self-confidence – sharing ideas	Safer Internet Day KS1 Road Safety Week Keeping safe, looking after others, rules	Making relationships – team work, cooperation, set goals, healthy food choices	Care for environment, following rules Moving on	Resilience adapting to changes
Year 1	Feelings and Emotions	Relationships Keeping / Staying Safe	Computer Safety	Keeping Safe / Healthy	Our World	Being Responsible
Year 2	Feelings and emotions	Keeping / Staying Safe	Hazard Watch Computer Safety	Keeping safe / Staying Healthy	Our World Being Responsible	Relationships
Year 3	Feelings and emotions worry, anger and grief	Relationships	Keeping/staying safe	Keeping safe/staying healthy	Being responsible Computer safety	Our world
Year 4	Feelings & Emotions	Keeping/Staying Safe	Being Responsible Computer safety	Growing & Changing	The Working World Keeping / staying healthy	A World Without Judgment
Year 5	Feelings and emotions worry, anger and grief	Keeping/staying safe	Being responsible – looking out for others	A world without judgement – inclusion and acceptance Computer safety – image safety	Growing and Changing - puberty	Keeping/staying healthy – smoking The Working world - enterprise
Year 6	Feelings and Emotions	Keeping/staying safe	Being responsible computer safety	Keeping staying healthy	Growing and changing	Feelings and emotions and the working world



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ELG	Personal, Social and Emotional Development	Self-Regulation	<ul style="list-style-type: none">• Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.• Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate.• Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.
		Managing Self	<ul style="list-style-type: none">• Be confident to try new activities and show independence, resilience and perseverance in the face of challenge.• Explain the reasons for rules, know right from wrong and try to behave accordingly.• Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.
		Building Relationships	<ul style="list-style-type: none">• Work and play cooperatively and take turns with others.• Form positive attachments to adults and friendships with peers.• Show sensitivity to their own and others' needs.