

# Relationship and Sex Education (RSE)

Parental Consultation Spring 2020



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# Aims and Objectives:

- To inform parents about the new statutory RSE curriculum requirements.
- To gain views and opinions to inform school's Relationship and Sex Education Policy.
- To review age appropriate resources and unit plans



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# RSE in Primary Schools

- The aim of RSE is to give young people the information they need to help them develop healthy, nurturing relationships of all kinds, not just intimate relationships. It should enable them to know what a healthy relationship looks like and what makes a good friend, a good colleague and a successful marriage or other type of committed relationship.
- It should teach what is acceptable and unacceptable behaviours in relationships.
- Pupils will understand the positive effects that good relationships have on their mental wellbeing, identify when relationships are not right and understand how such situations can be managed.
- It is taught through a spiral curriculum which offers rich opportunities for learning about the application of British Values and the enhancement of pupil's Spiritual, Moral, Social and Cultural Education.



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# RSE (Relationships Education) in Primary Schools

- Areas covered alongside Personal, Health, Social, Citizenship Education include:
- Families and People Who Care For Me
- Caring Friendships
- Respectful Relationships
- Online Relationships
- Being Safe - including the concept of personal privacy



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# RSE (Health Education) in Primary Schools

- Areas covered alongside Personal, Health, Social, Citizenship Education include :
- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Facts and risks associated with drugs, alcohol and tobacco
- Health and prevention
- Basic First Aid
- Changing Adolescent Body



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# RSE (Sex Education) in Primary Schools

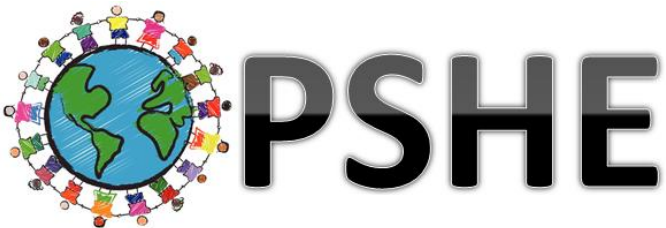
- Primary Schools are not required to teach sex education, it is for them to determine whether they need to cover any additional content to meet the needs of their pupils which many schools do already:
- The Department for Education recommends that all primary schools have a sex education programme tailored to the age and the physical and emotional maturity of the pupils. It should ensure that both boys and girls are prepared for the changes that adolescence brings and - drawing on knowledge of the human life cycle set out in the national curriculum for science - how a baby is conceived and born.



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# RSE (Sex Education) in Primary Schools

- ▶ Parents have the right to request that their child be withdrawn from some or all of the sex education delivered as part of the statutory RSE following discussions with the head teacher.
- ▶ There is no right to withdraw from relationships Education or Health Education or any content from the statutory science curriculum. This means that pupils cannot be withdrawn from lessons on the Changing Adolescent Body.



# At Trawden Forest Primary School

- ▶ We will be following the Department for Education's recommendations and will deliver Sex Education in school. These lessons will be planned and delivered in an age-appropriate way and taking into account the needs of each child. Parents will be kept fully informed.
- ▶ Letters will be sent out to the classes being visited by a registered professional who will be delivering any Relationships, Sex or Health Education to your child in advance.
- ▶ Any additional information which we think is important for you to know about in advance will be shared on our curriculum overviews, or by letter or text/email message.



# RSE in Primary Schools

▶ Any Questions :

